

Zelma George Track Schedule



CITY OF CLEVELAND
Mayor Justin M. Bibb

Zelma W. George
3155 Martin L. King
Cleveland, Ohio
44104

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 -12:30 pm Walking Club Adult	9:00 -12:30 pm Walking Club Adult	9:00 -12:30 pm Walking Club Adult	9:00 -12:30 pm Walking Club Adult	9:00 -12:30 pm Walking Club Adult	9:30 -12:30 pm Walking Club Adult
1:00-2:30 pm 3 Mile Walking Club Adult (19.5 Laps)	1:00-2:30 pm 3 Mile Walking Club Adult (19.5 Laps)	1:00-2:30 pm 3 Mile Walking Club Adult (19.5 Laps)	1:00-2:30 pm 3 Mile Walking Club Adult (19.5 Laps)	1:00-2:30 pm 3 Mile Walking Club Adult (19.5 Laps)	1:00-2:30 pm 3 Mile Walking Club Adult (19.5 Laps)
2:30 - 4:00 pm Jogging Club Adult	2:30 - 4:00 pm Jogging Club Adult	2:30 - 4:00 pm Jogging Club Adult	2:30 - 4:00 pm Jogging Club Adult	2:30 - 4:00 pm Jogging Club Adult	2:30 - 4:00 pm Jogging Club Adult
4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-5:30 pm Family Walking

Children may not be on the track unless accompanied by an

Fit & Fifty Program

Senior Card Sharks
Senior Walkers
Senior Exercise
Line Dancing
Blood Pressure

Monday & Friday
Monday - Friday
Tuesday & Thursday
Tuesday & Thursday
Every 4th Tuesday

12pm—3pm
6:00 am
9:00 - 10:00 am
10:00 - 11:00
9:00am-11:00am



Gymnasium Schedule



T-Ball(4-7)
Little F (8-11)
Big F(12-14)



Baseball Activities

Saturday 10:00am-11:30am
Monday - Thursday 5:00-7:00pm
Monday - Thursday 5:00-7:00pm



Other Exciting Programs

Chess Class	Wednesday & Saturday	5pm-6:30pm 4pm-5:30pm	8+
Exercise Equipment	Monday - Friday	12:00 - 7:30pm	Adults
Youth Outdoors	TBA	TBA	
Line Dance	Tuesday	6:15pm—7:30pm	Adult
Boxing	Monday—Friday	11:00am-1pm	8+
Girls Time	Wednesdays	5pm- 7:30 pm	8- 17
Boys Group	Thursdays	6pm—7:30pm	12-17
Men's 30 and Over	Saturdays	4:30pm—6pm	12-17
Youth Entrepreneurship	Tuesdays & Thursdays	11am-3pm	30+
Travel League Basketball	TBA	4pm-6pm	10+
Youth Cooking Classes	Thursdays	5:30pm—7pm	8-17 12-17

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00 - 2:30 pm Adult Open Gym	12:00 - 2:30pm Independent Workouts Adult	12:00 - 2:30 pm Adult Open Gym	12:00 - 2:30pm Independent Workouts Adult	12:00 - 2:30 pm Adult Open Gym	10:00-11:30 Baseball Training Camp (Skating Rink)
3:00 - 5:00pm Girls Basketball Fundamentals Ages 10-12	3:00 - 5:00pm Organized Gym Games Ages 8 - 14	3:00 - 5:00pm Girls Basketball Fundamentals Ages 13-15	3:00 - 5:00pm Organized Gym Games Ages 8 - 14	3:00 - 5:30pm Open Gym Ages 8 - 17	11:00-3:00 Men's 30 and Over League Basketball
5:30 - 7:00pm Baseball Training Camp	5:30 - 7:30pm Independent Workouts Teens	5:30pm—7:00pm Old Timer's Basketball Practice	5:00 - 7:30pm Open Run Ages 13-17	6:00 -7:30pm Family Game Night	3:00 - 4:30pm Pee-wee Basketball Kids
					3:00-5:30 Open Run Ages 8-17
					

Schedule subject to change