Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-12:45pm	12:00-12:45pm	12:00-12:45pm	12:00-12:45pm	12:00-12:45pm	10:00-10:45am
Adult Open	Adult Open	Adult Open	Adult Open	Adult Open	Adult Open
Swim	Swim	Swim	Swim	Swim	Swim
1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	11:00-11:45am
Adult Open	Adult Open	Adult Open	Adult Open	Adult Open	Adult Open
Swim	Swim	Swim	Swim	Swim	Swim
2:00-2:45pm	2:00-2:45pm	2:00-2:45pm	2:00-2:45pm	2:00-2:45pm	12:00-12:45pm
Adult Open	Adult Open	Adult Open	Adult Open	Adult Open	Open Swim
Swim	Swim	Swim	Swim	Swim	All ages
4:15-5:15pm	4:15-5:00pm	4:15-5:15pm	4:15-5:00pm	4:15-5:00pm	1:00-1:45pm
Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Kiddie Pool
All ages	All ages	All ages	All ages	All ages	Swim
5:30-6:15pm	5:15-6:00pm	5:30-6:15pm	5:15-6:00pm	5:15-6:00pm	2:00-2:45pm
Adult LTS	Youth LTS	Adult LTS	Youth LTS	Open Swim	Kiddie Pool
(18+)	(8-17)	(18+)	(8-17)	All ages	Swim
6:30-7:15pm Water Aerobics	6:15-7:15pm Family/Open Swim	6:30-7:15pm Water Aerobics	6:15-7:15pm Family/Open Swim	6:15-7:15pm Kiddie Pool Swim	4:15-5:15pm Family Swim

During all family activities children must be accompanied by a parent/guardian

All children under 8 years old & under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per one adult. Children using the slide must be at least 48 inches tall

Arts & Crafts

<u>Program</u>	<u>Days</u>	<u>Times</u>	<u>Ages</u>
Adult Ceramics	Mondays	12:00-2:30pm	18+
Arts/Crafts	Mondays	4:00-6:30pm	8+
Senior Arts/Crafts	Wednesdays	10:30-11:30am	55+
Adult Arts/Crafts	Wednesdays	1:00-3:00pm	18+
Youth Arts/Crafts	Wednesdays	3:30-4:30pm	8-17

Senior Programs ages 55 & up

Program	<u>Days</u>	<u>Times</u>	
I-Connect	Wednesdays	10:00-11:00am	
Line Dance	Mondays	10:45am-11:45am	
Aerobics Class	Mon, Wed, Fri	9:00-10:30am	
Indoor Track	Mon, Wed, Fri	8:00-11:45am	
Fitness Room	Mon, Wed, Fri	8:00-11:45am	
Walking Club	Mon, Wed, Fri	8:00-11:00am	

Additional Activities ages 8-17

Young Leaders (11-17)

Mon, Tues, Thurs, & every other Fri 4:00-7:00pm

Co-Ed Volleyball (12-18)

Dates and Times: TBA

Flag Football (8-14)

Dates and Times: TBA

African Dance

Mondays 6:00-7:00pm

Meal Program

Monday-Friday 4:00-4:30pm (No Registration Required)

Schedule subject to change without prior notice







Collinwood Neighborhood Resource & Recreation Center 16300 Lakeshore Blvd Kawana Little, Center Manager (216)420-8323

Fitness Room

Indoor Track

Monday-Friday 12:00-7:30pm

Monday-Friday 12:00-5:30pm

Saturdays 10-5:30pm





Pre-Registration REQUIRED

for all activities

Join us for our new STEAM program (Ages 10-14)

Wednesdays 5:30-6:30pm

Karate (Ages 8& Up) Saturdays 2:00-4:00pm

Chess (Ages 5& Up) Mon &Wed 4:00-5:30pm

Youth Programs ages 8-17

Video Gaming (Ages 8& Up) Tues & Thurs 6:00-7:00pm

Robotics (Ages 13-18) Tues &Thurs 5:00-7:00pm

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym Adult 18+ 12:00-2:30pm	Open Gym Adult 18+ 12:00-2:30pm	Open Gym Adult 18+ 12:00-2:30pm	Open Gym Adult 18+ 12:00-2:30pm	School Groups (Varies) 12:00-2:30pm	NCT Cheerleading 10:00-2:00pm
Open Gym Youth (8-17) 3:00-4:30pm	Open Gym Youth (8-17) 3:00-4:30pm	Open Gym Youth (8-17) 3:00-4:30pm	Open Gym Youth (8-17) 3:00-4:30pm	Open Gym Youth (8-17) 3:00-4:30pm	Pee Wee Flag Football (4-7) 2:30-3:30pm
Dodgeball Youth (8-17) 5:00-5:30pm	Flag Football Skills & Drills Youth (8-14) 5:00-5:30pm	Flag Football Skills & Drills Youth (8-14) 5:00-5:30pm	Flag Football Skills & Drills Youth (8-14) 5:00-5:30pm	Dodgeball Youth (8-17) 5:00-5:30pm	Young Oldies Open Gym Adult 30+ 4:00-5:30pm
Open Volleyball Youth (8-17) 6:00-7:30pm	NCT Cheerleading 6:00-7:30pm	NCT Cheerleading 6:00-7:30pm	NCT Cheerleading 6:00-7:30pm	Open Volleyball Youth (8-17) 6:00-7:30pm	