



CITY OF CLEVELAND  
Mayor Justin M. Bibb

# NEIGHBORHOOD RESOURCE & RECREATION CENTER PROGRAM GUIDE

**FREE!**

## Spring Seasonal Session

**Register for  
programs** held at  
your Neighborhood  
Resource &  
Recreation Center  
during our Spring  
Seasonal Session



*Registration begins March 3, 2025*

**Spring programs begin:**

**March 17, 2025–May 23, 2025**



**Our Purpose**

To inspire confidence by delivering reliable, efficient city services and creating the conditions for all members of our community to thrive.

# Contents

<b>Welcome from Mayor Justin M. Bibb</b>	<b>5</b>
• Important NRRRC Updates	6
• Social Support Services	7
<b>Program Offerings Overview</b>	<b>8</b>
• NRRRC Locations, Phone Numbers and Clusters	10
• Directory	11
<b>Virtual &amp; In-Person FREE Programs</b>	<b>12</b>
• Art Programs	13
• Education Programs	16
• Job and Career Readiness	17
• Leadership	18
• Sports & Recreation	18
• Health and Wellness Programs	19
<b>CivicRec</b>	<b>20</b>
<b>Daily NRRRC Programs</b>	<b>21</b>
<b>After School Meal Program</b>	<b>22</b>
<b>Senior Cleveland Care Calls</b>	<b>23</b>
<b>NRRRC Registration Process</b>	<b>24</b>
<b>NRRRC Registration Form</b>	<b>25</b>



# Welcome!

**Dear Clevelanders,**

The City of Cleveland Neighborhood Resource and Recreation Centers (NRRCs) provide resources in our neighborhoods for recreational, social, cultural, and other support services. This guide provides a list of programs and services available to members of your entire family across the city's 21 Neighborhood Resource and Recreation Centers, 1 Cultural Arts Center and 1 residential camp.

We are excited to share that the Department of Recreation has instituted CivicRec, a membership and interactive online catalog of all of the activities, programs and events offered in our Neighborhood Resource and Recreation Centers. This online catalog is organized in a variety of ways: by NRRC, program, or category. I urge you to complete your FREE membership (*see page 20*) so that you are able to take advantage of what is being offered in your Neighborhood Resource and Recreation Center.

In addition to the expanded programs and activities we are offering in our NRRCs, we also have Social Support Services Specialists assigned to our NRRCs who can help individuals and families access free resources and support services to help them achieve a better quality of life. It is our hope that our community, both individuals and families, will take advantage of this unique service.

As your Mayor, my vision is for Cleveland to be a national model for city management, public safety, and neighborhood revitalization. Our Neighborhood Resource and Recreation Centers play a critical role in this vision.

We are looking forward to a fun-filled spring seasonal session!

Sincerely,



A handwritten signature in blue ink, which appears to read "J. M. Bibb". The signature is fluid and stylized.

Justin M. Bibb  
Mayor, City of Cleveland

# Important NRRC Updates

**Facilities Open Spring 2025:** The City of Cleveland maintains 21 Neighborhood Resource & Recreation Centers, 1 Cultural Arts Center and 1 Residential Camp.

**Hours and Days of Operation:** NRRCs will be open Monday–Friday, 12 p.m./Noon – 7:30 p.m. and Saturday from 10:00 a.m. – 5:30 p.m. NRRCs will be closed on Sundays. Some programs may operate during special hours. Call your local NRRC for further information.



## Field Trips & Transportation

Field trips and other activities requiring the use of City of Cleveland vans to transport youth will be limited and require a two-week advance request.

## Early Open Centers for Senior Citizens

- ✓ **Collinwood** • M, W, F; 8:00 – 11:45 a.m.
- ✓ **Estabrook** • M, W; 9:45 am (early swim)
- ✓ **Fairfax** • M, W, F; 10 – 11 a.m.
- ✓ **Frederick Douglass** • T; 10 a.m.
- ✓ **Glenville** • T, W, TH; 10 a.m.
- ✓ **Gunning** • M–F; 8:30 – 11:30 a.m.
- ✓ **Lonnie Burten** • M, W, TH; 12:00 – 2:30 p.m.
- ✓ **Zelma George** • M–F; 8:30 a.m.



During the Spring of 2025, **Central NRRC**, **Clark NRRC** and **Sterling NRRC** will be closed for renovations.

# What We Offer

## Social Support Services

### Social Support Services Specialists

To access the Social Support Services, leave a message at **216-664-2223** and a team member will return your call or call one of our Social Support Services Team members directly at the numbers listed below.

### Who We Are

The City of Cleveland has demonstrated a long-term commitment to residents, working to create safe spaces in our Neighborhood Resource and Recreation Centers (NRRCs) where families can access free resources and support services. We are committed to working together, with families and other community providers, to identify and help families who are struggling to achieve a better quality of life.



**Eugenia Cash**  
Social Support Services  
Unit Director  
216-857-7052

**Rhonnetta Robinson**  
Social Support Services  
Unit Supervisor  
216-857-3137

**Michele Princeton**  
Social Support Services  
Unit Supervisor  
216-857-1213

**April Griffin, Specialist**  
216-857-7857

**Gerald Terry, Specialist**  
216-533-9063

**Myiba Ballard, Specialist**  
216-857-6963

**Anthony Funk, Specialist**  
216-857-7079

**Eugene Smith, Specialist**  
216-857-1123

**Raul Williams, Specialist**  
216-857-6696

**Seanine Cook, Specialist**  
216-857-6872

**Joy Beamon, Specialist**  
216-857-7082

**Lydia Hernandez, Specialist**  
216-857-1217

**Steven Woodard, Specialist**  
216-857-2740

### Available Support Services

#### Connecting and referring individuals to appropriate services

- Medical/hospital-related
- Long Term counseling
- Public Assistance

#### Advocates on behalf of families for public entitlements

- Veteran's benefits
- Social Security
- Medicare/Medicaid

- Food Stamps
- Housing Assistance
- Head Start
- Student Loans

#### Support and guidance for youth

- Stigmatization
- Scapegoating
- Labeling
- Bullying
- Substance abuse
- Unhealthy relationships



**CITY OF CLEVELAND**  
Mayor Justin M. Bibb

# Program Offerings Overview

In an effort to offer accessible, high-quality, and interactive programming, the City of Cleveland's Office of Prevention, Intervention and Opportunity (PIO) and the Division of Recreation will continue to offer virtual and in-person activities in our NRRCs. All programs and activities center around six (6)

areas: Youth and Adult Education; Job and Career Readiness; Health and Wellness; Youth Leadership Development, Mentorship and Community Service; the Arts; and Sports and Recreation. In addition, each NRRC will continue to offer traditional daily programs and activities.

## Virtual Programs

The City of Cleveland offers free virtual programs for City of Cleveland residents ages 5 and above. The City has selected Zoom as the platform to use for most program offerings. Virtual programming enables residents an opportunity to engage in live, interactive programs from the safety and comfort of their homes. See the Virtual Programs section of this brochure for more information about the programs available.

Individuals interested in participating in one or more of the City's virtual programs, must register in order to be provided access. Please be advised that each program can only accommodate a limited number of participants, so registration is required. See the Registration Process section of the brochure for information pertaining to the registration process.

**Please note:** A parent or guardian must be present during virtual programming if a child under the age of 13 is a program participant.

## In-Person Programs

The City of Cleveland offers a variety of free in-person classes that will be hosted at several NRRCs for residents ages 5 and up.

Please note that these NRRC programs are designed to assist each participant in achieving his/her potential. These classes are progressive, so each class builds upon the previous class session. Participants will use the knowledge and skills they gain in each class session to further their development. In order to get the maximum benefit from these programs, registrants are strongly advised and encouraged to attend each class session. See the In-Person Programs/Classes section of this brochure for information about programs available.

Individuals interested in participating in one or more of the City's in-person programs must register in order to be provided access. Please be advised that each program can only accommodate a limited number of participants, so registration is required. See the Registration Process section of the brochure for information pertaining to the registration process.

**Please note:** Children under the age of 8 must be accompanied by an adult.

## Daily NRRC Programs and Activities

**(Arts and Crafts, Weight Training, Fitness, Baseball/Basketball Skills etc.):**

The City of Cleveland's NRRCs offer several free daily activities and access to program rooms for residents ages 8 and up. For a complete list of the daily programs and activities available at your NRRC, please contact your NRRC directly.





# NRRC Locations & Phone Numbers

Camp Forbes  
25440 Harvard Ave.  
Highland Hills, OH 44122  
(216) 263-5325

Cudell Fine Arts  
10013 Detroit Ave.  
Cleveland, OH 44102  
(216) 664-4183

Fairfax  
2335 East 82<sup>nd</sup> St.  
Cleveland, OH 44104  
(216) 664-4142

Hamilton  
13200 Kinsman Rd.  
Cleveland, OH 44120  
(216) 664-4121

Sterling  
1380 East 32<sup>nd</sup> St.  
Cleveland, OH 44114  
(216) 664-2573

Clark  
5706 Clark Ave.  
Cleveland, OH 44102  
(216) 664-4657

Cudell Recreation  
1910 West Blvd.  
Cleveland, OH 44102  
(216) 664-4137

Frederick Douglass  
15401 Miles Ave.  
Cleveland, OH 44128  
(216) 664-6882

Woodland  
9206 Woodland Ave.  
Cleveland, OH 44104  
(216) 664-4124

Thurgood Marshall  
8611 Hough Ave.  
Cleveland, OH 44106  
(216) 664-4045

Central  
2526 Central Ave.  
Cleveland, OH 44115  
(216) 664-2241

Earle B. Turner  
11300 Miles Ave.  
Cleveland, OH 44105  
(216) 420-8358

Glenville  
680 East 113<sup>th</sup> St.  
Cleveland, OH 44108  
(216) 664-2516

Lonnie Burten  
2511 East 46<sup>th</sup> St.  
Cleveland, OH 44104  
(216) 664-4139

Zelma George  
3155 MLK Jr. Dr.  
Cleveland, OH 44104  
(216) 420-8800

Collinwood  
16300 Lakeshore Blvd.  
Cleveland, OH 44110  
(216) 420-8323

EJ Kovacic  
6250 St. Clair Ave.  
Cleveland, OH 44103  
(216) 664-4140

Gunning  
16700 Puritas Ave.  
Cleveland, OH 44135  
(216) 420-7900

Michael Zone  
6301 Lorain Rd.  
Cleveland, OH 44102  
(216) 664-3373

Cory  
10510 Drexel Ave.  
Cleveland, OH 44108  
(216) 664-3389

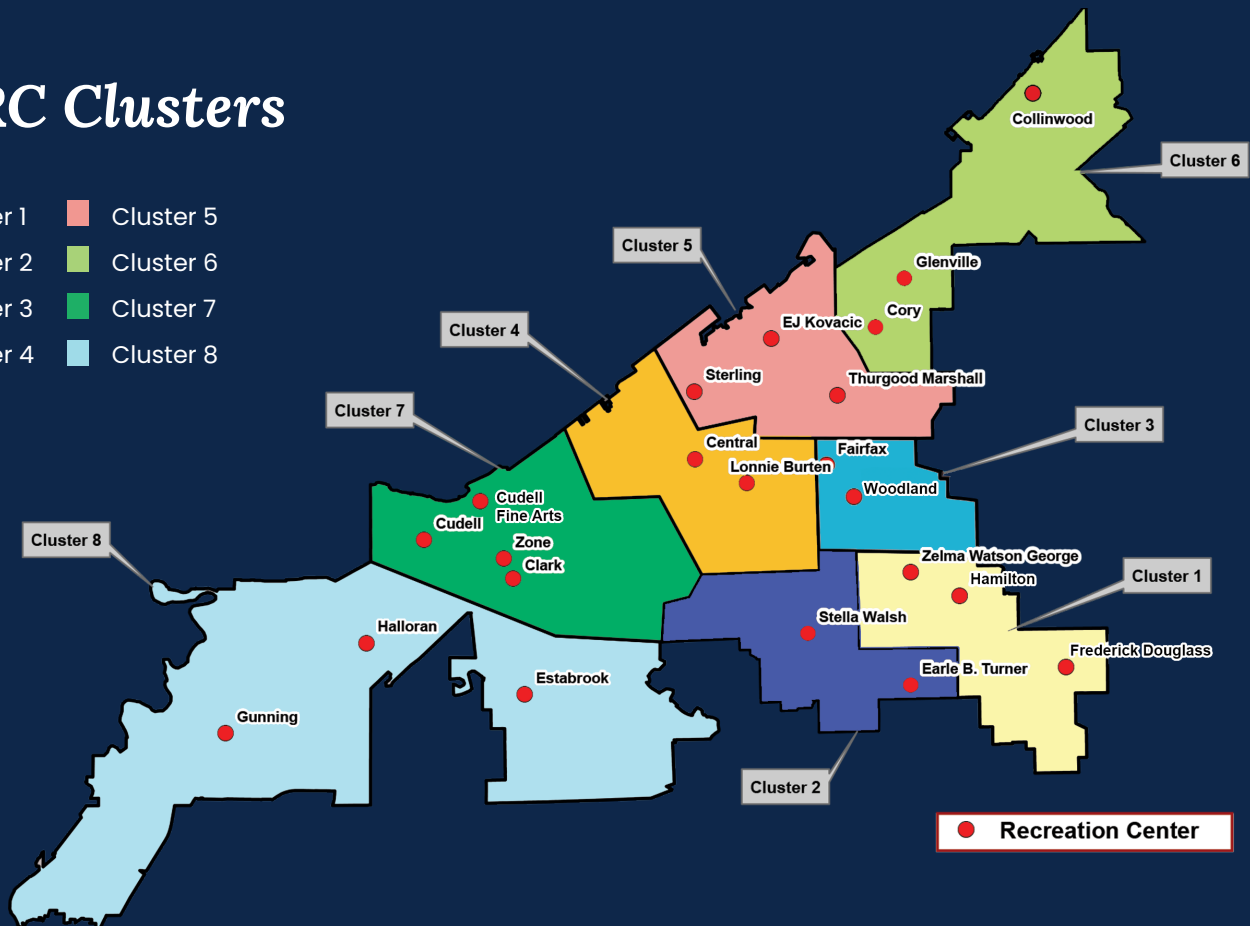
Estabrook  
4125 Fulton Ave.  
Cleveland, OH 44144  
(216) 664-4149

Halloran Park  
3550 West 117<sup>th</sup> St.  
Cleveland, OH 44111  
(216) 664-4187

Stella Walsh  
7245 Broadway Ave.  
Cleveland, OH 44105  
(216) 664-4658

## NRRC Clusters

- Cluster 1
- Cluster 2
- Cluster 3
- Cluster 4
- Cluster 5
- Cluster 6
- Cluster 7
- Cluster 8



# City of Cleveland Directory

City Hall – Main Line	(216) 664-2000	Mayor’s Action Center	(216) 664-2900
Department of Aging	(216) 664-2833	Division of Recreation	(216) 664-2570
Division of Animal Care & Control	(216) 664-3069	Division of Water	(216) 664-2444
Department of Building & Housing	(216) 664-2282	Division of Waste Coll. & Disposal	(216) 664-3711
Department of Community Dev.	(216) 664-4000	Division of Streets	(216) 664-2510
Community Relations Board	(216) 664-3290	Department of Economic Dev.	(216) 664-2406
Emergency Medical Service	(216) 664-2555	Department of Public Health	(216) 664-6256
Division of Fire	(216) 664-6800	PIO Expanded Programs	(216) 664-2241
Division of Police Non Emergency Line	(216) 621-1234	COVID-19 Vaccine Call Center	(216) 664-2222

Citizens can report concerns or give feedback by calling 311.

## Cleveland City Council



Cleveland City Council, the legislative branch of the City of Cleveland, serves citizens by monitoring city departments, approving budgets, and enacting legislation to improve the quality of life in an effective and financially responsible way.

Council members serve two roles in their duties: to draft and enact legislation for the city of Cleveland and act as ombudsmen for their constituents. For more information about Cleveland City Council call (216) 664-2840 or visit [www.clevelandcitycouncil.org](http://www.clevelandcitycouncil.org).



**Joseph T. Jones**  
Ward 1



**Stephanie D. Howse-Jones**  
Ward 7



**Kris Harsh**  
Ward 13



**Kevin L. Bishop**  
Ward 2



**Michael D. Polensek**  
Ward 8



**Jasmin Santana**  
Ward 14



**Kerry McCormack**  
Ward 3



**Kevin Conwell**  
Ward 9



**Jenny Spencer**  
Ward 15



**Deborah A. Gray**  
Ward 4



**Anthony T. Hairston**  
Ward 10



**Brian Kazy**  
Ward 16



**Richard A. Starr**  
Ward 5



**Danny Kelly**  
Ward 11



**Charles J. Slife**  
Ward 17



**Blaine A. Griffin**  
Ward 6



**Rebecca Maurer**  
Ward 12

# Free Virtual & In-Person Programs



## Virtual Programs

### Education

- Reach Success



## In-Person Programs

### Art

- Cultural Exploration through Art
- Photography
- Music Lessons

### Education

- After-School All-Stars
- IConnect
- Reach Success
- STEAM

### Job and Career Readiness

- Phlebotomy
- Medical Billing and Coding

### Leadership

- Exploring Entrepreneurship

### Sports & Recreation

- ESports
- Recess Cleveland
- America SCORES Soccer

### Health and Wellness

- Circuit Training
- Healthy Cooking



## Daily NRRC Programs

- Arts and Crafts
- Basketball
- Boxing
- Ceramics
- Clay
- Drawing
- Fitness Room
- Gift Making
- Glaze Techniques
- Judo
- Painting
- Photography
- Senior Aerobics
- Senior Aquacise
- Swimming
- Tech Room/Game Room

# Art Programs

## Cultural Exploration through Art (Art House)

**CULTURAL EXPLORATIONS SERIES** – These family workshops celebrate the cultural diversity of Cleveland through the visual arts. Workshops are designed to educate participants about cultural traditions they may already know as well as those they may not know. These include the Day of the Dead, the Mexican tradition of celebrating ancestors; Diwali, the Indian Festival of Light; the Chinese New Year and more. The goal of the series is to promote cross-cultural understanding and tolerance. This workshop series is designed for participants ranging from age 5 to adult. Both individual and group projects will be included in the series.

Location	Description	Age	Day	Time
Michael Zone	Cultural Exploration through Art	All Ages	T, TH	5:30 - 6:30 p.m.
Collinwood	Cultural Exploration through Art	All Ages	W,TH	4:30 - 5:30 p.m.

## Photography (Greater Cleveland Neighborhood Centers Association)

This introductory program will provide youth in grades 6-12 basic instruction in photography. Participants will learn basic camera operation, lighting and special techniques. Returning participants will go in depth with more advanced techniques and alternative processes for photography.

Location	Description	Grade	Day	Time
Earle B. Turner	GCNCA Photography	6-12	TH	4:30 - 5:30 p.m.
Cory	GCNCA Photography	6-12	W	4:30 - 5:30 p.m.

## Musical Instrument Lessons (Center for Arts-Inspired Learning)

Do you love music and want to learn to play a musical instrument? Choose from violin, guitar, percussion, voice or trumpet. Instruments are provided and musicians who complete the seasonal session get to keep their instrument! A city-wide band will be formed with musicians completing lessons.

Please go to [www.arts-inspiredlearning.org/play-it-forward-cleveland/](http://www.arts-inspiredlearning.org/play-it-forward-cleveland/) for more information and to register. Youth may register for one or all of the instruments. ►

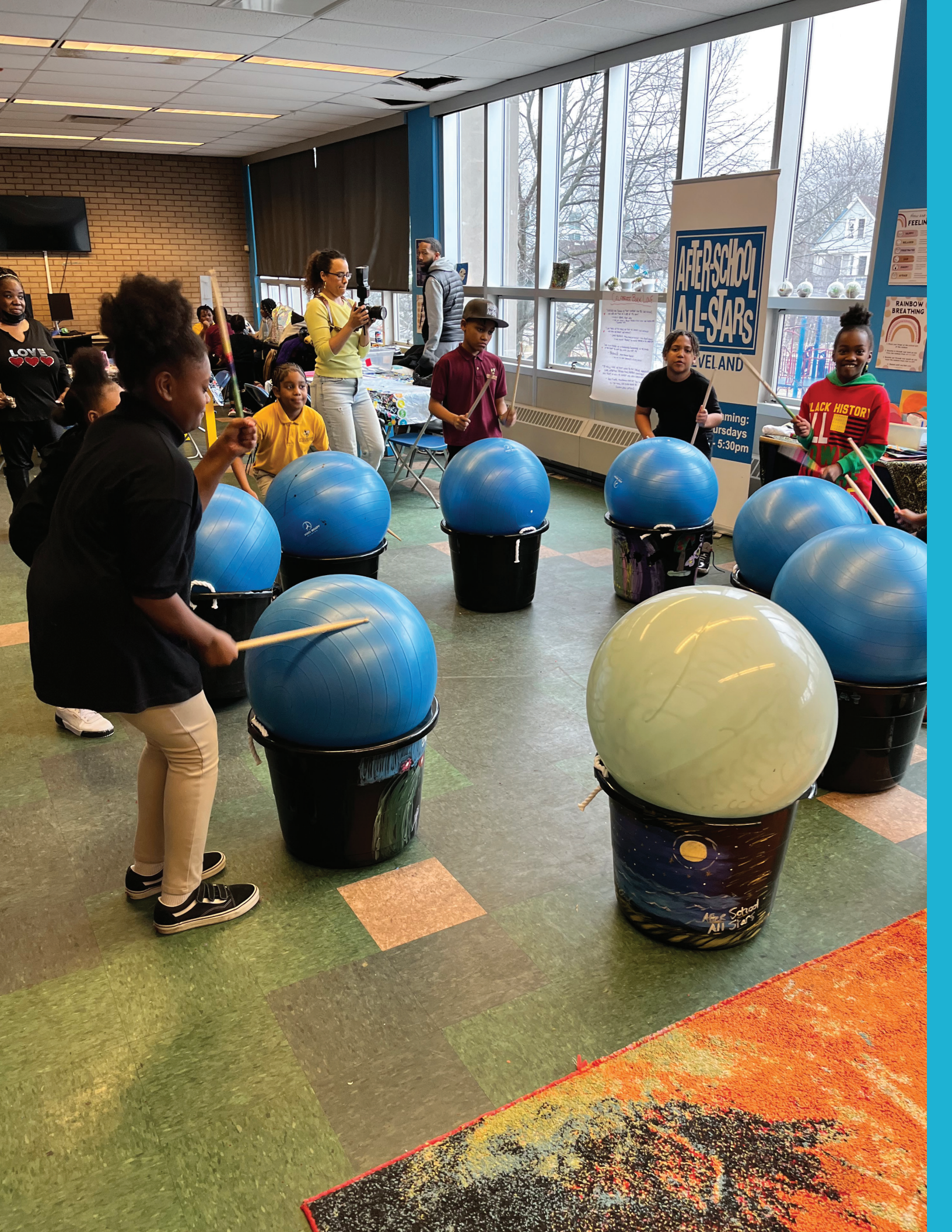


Course Code	Location	Description	Grade	Day	Time
CDL-MIE-101	Cudell	Musical Instrument Exploration	6-12	T-F	5:30 - 6:30 p.m.
TM-MIE-102	Thurgood Marshall	Musical Instrument Exploration	6-12	M-TH	5:30 - 6:30 p.m.
105-MIE-103	Studio 105	Musical Instrument Exploration	6-12	M, T, W, F	5:30 - 6:30 p.m.

Location	Monday	Tuesday	Wednesday	Thursday	Friday
Cudell	No Program	Violin - Full	Percussion	Keyboard & Voice	Guitar - Full
Thurgood Marshall	Percussion	Keyboard & Voice	Violin	Guitar	No Program
Studio 105	Guitar	Percussion	Violin	No Program	Keyboard & Voice

## Art Programs offered by Cudell Fine Arts

Location	Description	Age	Day	Time
Alexander Hamilton	Adult Cooking Class	Adult 18+	M	3:00pm - 5:30pm
Alexander Hamilton	Kids Cooking Class	Youth 8-17	TU, TH	3:00pm - 5:30pm
Alexander Hamilton	Learn to Grill	Ages 8+	F	3:00pm - 5:30pm
Collinwood	Adult Clay	Adult 18+	M, W	11:00am - 1:30m
Collinwood	Kids Klay	Youth 8-17	M	3:00pm - 6:00pm
Collinwood	Youth Arts	Youth 8-17	W	3:00pm - 6:00pm
Cudell Fine Arts	Adult Clay (Afternoon)	Adult 18+	W, TH, F	12:00pm - 2:30pm
Cudell Fine Arts	Adult Clay (Drop-In)	Adult 18+	TU	3:00pm - 4:30pm
Cudell Fine Arts	Adult Clay (Evening)	Adult 18+	M, W, F	4:30pm - 7:00pm
Cudell Fine Arts	Encaustic Adventures	Adult 18+	TU	4:30pm - 7:00pm
Cudell Fine Arts	Intro to Ceramics	Adult 18+	TH	4:30pm - 7:00pm
Cudell Fine Arts	Kids Krafts	Youth 8-17	M, W, TH, F	4:30pm - 7:00pm
Cudell Fine Arts	Steps & Styles	All Ages	M, TU, W, TH	4:30pm - 7:00pm
Cudell Fine Arts	Theater of Life	Youth 8-17	F	4:30pm - 6:30pm
Frederick Douglass	Adult Arts	Adult 18+	TU, TH	12:30pm - 2:30pm
Frederick Douglass	Make & Take	All Ages	TU, TH	3:30pm - 4:30pm
Frederick Douglass	Recycle Arts	All Ages	TU, TH	5:30pm - 7:00pm
Frederick Douglass	Theater of Life	Youth 8-17	M, W	3:30pm - 6:00pm
Lonnie Burten	Adult Ceramics	Adult 18+	M, W	12:00pm - 3:00pm
Lonnie Burten	Kids Arts	Youth 8-17	M, W	3:30pm - 4:30pm
Lonnie Burten	Open Studio Arts	All Ages	M, W	5:30pm - 7:00pm
Stella Walsh	Theater of Life	Youth 8-17	TH	3:30pm - 6:00pm
Zelma George	Performing Arts	Senior 55+	TU, TH	11:30apm - 1:00pm
Zelma George	Senior Cooking	Senior 55+	W	10:00am - 12:30pm



AFTERSCHOOL  
ALL-STARS  
CLEVELAND

Timing:  
Tuesdays  
- 5:30pm

LACK HISTORY!

RAINBOW  
BREATHING

Afterschool  
All Stars

# Education Programs

## Rising Stars

*(After-School All Stars)*

Youth will have an open space to discuss issues and concerns both individually and within a group of their peers. The Rising Stars Curriculum is used to help youth express themselves and identify their moods and thoughts.

Location	Description	Age	Day	Time
Woodland	Rising Stars Program	Ages 8 - 14	T, W	4:00 - 5:00 p.m.

## After-School All-Stars

*(After-School All Stars)*

This exciting program provides out-of-school time programs for 3rd-10th grade youth including academic assistance, sports and recreation, field trips, guest speakers, STEM focused hands-on activities and classes that broaden students' individual interests. Participants are grouped by age.

Location	Description	Grade	Day	Time
Fairfax	After-School All-Stars	3-10	M, T, W, TH	3:00 - 6:00 p.m.
Glenville	After-School All-Stars	3-10	M, T, W, TH	3:00 - 6:00 p.m.
Zelma George	After-School All-Stars	3-10	M, T, W, TH	3:00 - 6:00 p.m.
Lonnie Burten	After-School All-Stars	3-10	M, T, W, TH	3:00 - 6:00 p.m.

## IConnect

*(Greater Cleveland Neighborhood Centers Association)*

Older adults (55+) who would like to reduce social isolation and better understand the growing tech and digital device world are encouraged to enroll in this exciting class. Adults will learn to connect with an array of content that includes health related topics, education, cultural experiences, exercise, music and games.

Location	Description	Age	Day	Time
Collinwood	GCNCA IConnect	55+	W	10:00 - 11:00 a.m.
Zelma George	GCNCA IConnect	55+	T	11:00 - 12:00 p.m.

## Reach Success

*(Reach Success, Inc.)*

Cleveland Youth in grades K-12 will receive individual tutoring virtually incorporating FUN Activity-based learning addressing their individual academic needs. Reach Success will work with the parent/guardian of the participant to coordinate schedules and share academic progress. Tutors will create individual methods of learning based on learning styles, and also provide curriculum if needed. The sessions will be 1-2 hours a week based on needs/schedules.

**VIRTUAL**

Location	Description	Grade	Day and Time
Virtual	Reach Success	K-12	Individually Scheduled



# Education Programs

## STEAM

(Greater Cleveland Neighborhood Centers Association)

This program will introduce youth in grades 5-8 to engineering concepts focused on math, science and literacy through project based learning activities. Youth will form teams that will compete with the projects they have completed.

Location	Description	Grade	Day	Time
Michael Zone	GCNCA STEAM	5-8	F	5:00 - 6:00 p.m.
Earle B. Turner	GCNCA STEAM	5-8	T	5:00 - 6:00 p.m.

# Job and Career Readiness

## Phlebotomy and Medical Billing Certification Classes

(Henry Johnson Center)

This is a 10-week research-based certification program that is approved by the state of Ohio’s State Board of Career Colleges and Schools. The Phlebotomy program is divided into 3 components: Didactic research-based coursework (3 weeks), Clinical Training (4 weeks), and Internship (3 weeks). Internships are hosted by the American Red Cross and Cleveland Clinic. Upon completion of the program participants will be prepared to complete the National Phlebotomy Certification exam. This certification allows graduates to work at hospitals, clinics, nursing homes, laboratories and other medical facilities.

The Medical Billing and Coding program is divided into 3 components: Didactic research-based coursework in Medical Billing (3 weeks), Coding coursework and training (4 weeks), and Internship (3 weeks). Internships are hosted by the Chillicothe Clinical Research Resolutions. Upon completion of the program participants will be prepared to complete the National Billing and Coding Specialist Certification exam. This certification allows graduates to work at hospitals, clinics, nursing homes, laboratories and other medical facilities. Ages 18+.

Location	Description	Age	Day	Time
Frederick Douglass	Medical Billing and Coding Classes	Adults	M, W	5:00 - 7:00 p.m.
Stella Walsh	Phlebotomy Training	Adults	M, W	5:00 - 7:00 p.m.



# Leadership Programs

## Exploring Entrepreneurship

(Teen Enterprises LLC)

Interested in learning how to start a business? From ideation to implementation, participants ages 13-17 go through the process of creating a product and promoting their concept during Young Entrepreneur Pop Up Shop!

Location	Description	Age	Day	Time
Glenville	Exploring Entrepreneurship	13-17	M,W	4:00 - 6:00 p.m.
E.J. Kovacic	Exploring Entrepreneurship	13-17	M,W	5:00 - 7:00 p.m.
Zelma George	Exploring Entrepreneurship	13-17	T,TH	5:00 - 7:00 p.m.
Frederick Douglass	Exploring Entrepreneurship	13-17	T,TH	3:00 - 5:00 p.m.

# Sports and Recreation Programs

## Esports

(EsportScholar)

Youth will play Overwatch, Rocket League, League of Legends and Fortnite with coaching, e-skills sessions and scrimmages.

Location	Description	Grade	Day	Time
Cudell	Esports	6-12	T,TH	4:00 - 5:30 p.m.
E.J. Kovacic	Esports	6-12	T,TH	4:00 - 5:30 p.m.
Stella Walsh	Esports	6-12	T,TH	4:00 - 5:30 p.m.
Frederick Douglass	Esports	6-12	T,TH	4:00 - 5:30 p.m.
Estabrook	Esports	6-12	M,F	5:00 - 6:30 p.m.

## Recess Cleveland

(Recess Cleveland)

Recess coordinators will lead youth ages 8+ in a series of games. Youth will play bubble soccer, giant soccer, Captain Cleveland, and other games.

Location	Description	Age	Day	Time
Frederick Douglass	Recess Cleveland	Ages 8-17	W	3:00 - 6:00 p.m.
Collinwood	Recess Cleveland	Ages 8-17	M	4:00 - 7:00 p.m.
E.J. Kovacic	Recess Cleveland	Ages 8-17	TH	4:00 - 7:00 p.m.

# Sports and Recreation Programs

## America SCORES Soccer & Education

*(America SCORES Cleveland)*

Youth will learn and play the game of soccer, while at the same time engaging in activities that will strengthen their writing and speaking skills. Participants will complete a service-learning project.

Location	Description	Age	Day	Time
Earle B. Turner	Middle School Soccer & Education	Ages 11-14	T,TH	4:15 - 5:45 p.m.
Gunning Park	Middle School Soccer & Education	Ages 11-14	T,TH	4:15 - 5:45 p.m.
Michael Zone	Middle School Soccer & Education	Ages 11-14	T,TH	4:15 - 5:45 p.m.
Halloran	Middle School Soccer & Education	Ages 11-14	T,TH	4:15 - 5:45 p.m.
Stella Walsh	Middle School Soccer & Education	Ages 11-14	M,TH	4:15 - 5:45 p.m.
Thurgood Marshall	Core Soccer & Education	Ages 7-10	M,T,W,TH	3:30 - 4:45 p.m.
Stella Walsh	Core Soccer & Education	Ages 7-10	M,T,W,TH	3:30 - 4:45 p.m.

# Health and Wellness Programs

## Circuit Training

*(Cray Consulting Group, Inc.)*

Get in shape by participating in one of the most efficient beneficial forms of exercise, powered by Fit Circuit. Adult participants will be instructed through 8-10 different exercise stations which will work various muscle groups, completing 4 circuits in each training session.

Location	Description	Age	Day	Time
Halloran	Circuit Training	Adults	T	12:00 - 1:00 p.m.
Collinwood	Circuit Training	Adults	T	5:00 - 6:00 p.m.
Zelma George	Circuit Training	Adults	TH	12:30 - 1:30 p.m.

## Healthy Cooking

*(Exquisite Touch)*

Participants will learn how to plan and prepare healthy meals. Cleanliness in the kitchen will be a focus as participants learn to use various cooking tools to prepare healthy meals for the family.

Location	Description	Age	Day	Time
Kovacic	Healthy Cooking	Adults	F	5:00 - 7:00 p.m.
Stella Walsh	Healthy Cooking	Adults	TH	4:30 - 6:30 p.m.



**CITY OF CLEVELAND**  
Mayor Justin M. Bibb

Is proud to have partnered with

**CIVICREC**<sup>®</sup>

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## Get Your Free Membership Today!

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What is CivicRec? CivicRec is our new interactive online catalog of all of the activities, programs and events offered in our Neighborhood Resource and Recreation Centers. Register for your FREE membership which will allow you to browse our offerings and register for the FREE programs that interest you!

**Free Spring  
Activity  
Registration is  
Now Available!**

**Scan the QR Code**



**Or go to:** [https://  
secure.rec1.com/OH/  
cleveland-oh/catalog](https://secure.rec1.com/OH/cleveland-oh/catalog)

For questions or concerns contact your Neighborhood Resource & Recreation Center (NRRC)



## Daily NRRC Programs



Scan the QR code  
for individual  
Neighborhood  
Resource &  
Recreation Center  
details and  
schedules.



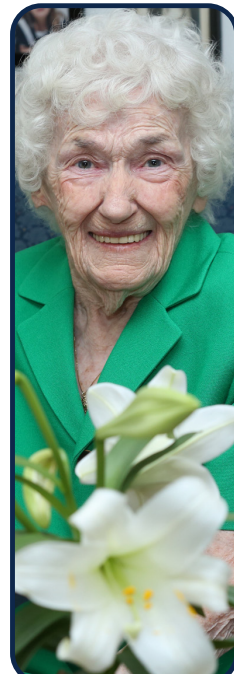
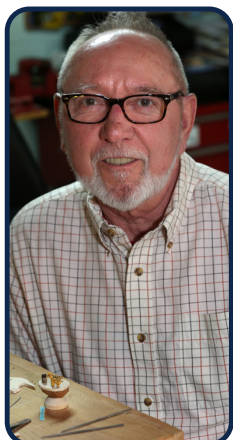
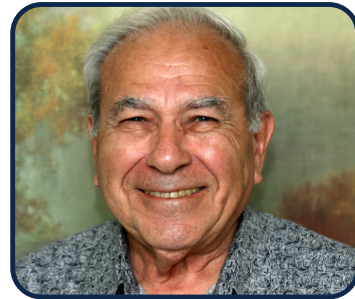
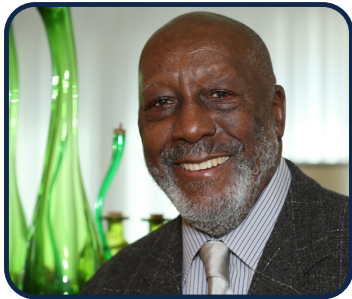
**FREE!**



# After School MEAL PROGRAM

**Free After School Meals Program  
for ages 18 & under**

Monday through Friday, and on Saturdays.  
Contact your NRRC for serving hours.



# Cleveland CARE CALLS

**FOR CLEVELAND SENIOR CITIZENS 60 YEARS OF AGE AND OLDER OR ADULTS 18-59 WITH A DISABILITY**

**Cleveland Care Calls** is an automated telephone reassurance system being offered to Cleveland Seniors 60 and over or adults 18-59 with a disability by the **Department of Aging and Public Safety**. Through this computerized system, the individual receives a call, on the days they request, Monday through Friday, to check on their well-being.

They can select a time to receive the call between **7 A.M. - 11 A.M.** If the individual does not respond to his/her call:

- System will make several additional attempts in a thirty (30) minute period.
- If no response within the thirty minute period, the Department of Aging will then contact any person that the senior has designated as an emergency contact.
- If the individual or any of his/her contacts cannot be reached, the Department of Public Safety may be asked to make a home check on the individual in question.

To participate in the **Cleveland Care Calls Program** an application must be completed.

**Please tell your older neighbors and friends, especially those who are homebound, about this service.**

For further information, please contact the **Cleveland Care Calls Project Director** at **216-664-6316** or **216-664-2833**.



CITY OF CLEVELAND  
Mayor Justin M. Bibb



CITY OF CLEVELAND  
Department of Aging

# Registration Process

The City of Cleveland is proud to have partnered with CivicRec, a cloud-based solution that allows our residents greater visibility into offered parks and recreation department activities, classes, sports, youth leagues, memberships and online registration.

We now have an interactive online catalog of all of our activities, programs and events where you can browse, select and register.

## HOW TO CREATE AN ACCOUNT

1. Select **Login/Create Account** in the upper left corner, then select **Create Your New Parks & Recreation Account**.
2. On mobile devices, select **Account** in the upper right corner and click **Sign Up**.
3. Fill out the required information to **receive text alerts** (i.e. class cancellations, facility closings), indicate **"Can Receive Text Messages"** next to your cell number.
4. To receive important notifications, **opt-in to receive all communication types** (courtesy notifications, critical announcements, upcoming events) Additional household members (spouse, children, etc.) may be added at any time in your **Account Settings**. Keep your entire household on one account! Browse our catalog for our facility rentals for your upcoming events and make a reservation online.

## HOW TO OBTAIN A MEMBERSHIP ID

To register for any activity or program it is required for all users to obtain a membership ID.

1. Click **"Add to Cart"**.
2. Select **Review Transaction**.
3. If you wish to register for the activities now, you can select **"Browse Catalog"**.
4. Make sure to select the correct account member before adding it to your cart. This can be found on the right-hand side of the screen, where it says, **ACCOUNT MEMBERS**.
5. Once the membership/program/activity has been added to your cart, click **Checkout** to finish your transaction.
6. A series of prompts/waivers will follow that need to be answered and agreed to.

## HOW TO REGISTER FOR A PROGRAM/ACTIVITY

1. Select the catalog tab for the desired **ACTIVITIES**.
2. Browse for the program/activity you are interested in and select it.
3. Make sure to select the correct account member before adding it to your cart. This can be found on the right-hand side of the screen, where it says, **ACCOUNT MEMBERS**.
4. Once the program/activity has been added to your cart, click **checkout** to finish your transaction.
5. A series of prompts/waivers will follow that need to be answered and agreed to.

### URL & QR CODE:

[www.secure.recl.com/OH/cleveland-oh/catalog](http://www.secure.recl.com/OH/cleveland-oh/catalog)



**Please Note:** If you do not have access to register online, please complete the form on **page 25** for the programs described on pages **13-19**.





# Neighborhood Resource & Recreation Center Registration Form

Type of participant:  Child  Adult

Participant Full Name: \_\_\_\_\_  Male  Female Age: \_\_\_\_\_

Grade Level: \_\_\_\_\_ DOB: \_\_\_\_\_ Race: (Optional) \_\_\_\_\_

School Name (if applicable) \_\_\_\_\_

**Program** \_\_\_\_\_

Type of participant:  Child  Adult

Participant Full Name: \_\_\_\_\_  Male  Female Age: \_\_\_\_\_

Grade Level: \_\_\_\_\_ DOB: \_\_\_\_\_ Race: (Optional) \_\_\_\_\_

School Name (if applicable) \_\_\_\_\_

**Program** \_\_\_\_\_

Type of participant:  Child  Adult

Participant Full Name: \_\_\_\_\_  Male  Female Age: \_\_\_\_\_

Grade Level: \_\_\_\_\_ DOB: \_\_\_\_\_ Race: (Optional) \_\_\_\_\_

School Name (if applicable) \_\_\_\_\_

**Program** \_\_\_\_\_

Do you currently have a rec center number?  Yes  No  Unsure

If yes, indicate your home Rec Center: \_\_\_\_\_

## Adult Registrant or Parent/Guardian Contact Information

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ ZIP: \_\_\_\_\_ Email: \_\_\_\_\_

Sign me up for the Mayor's Office newsletter:  Yes  No

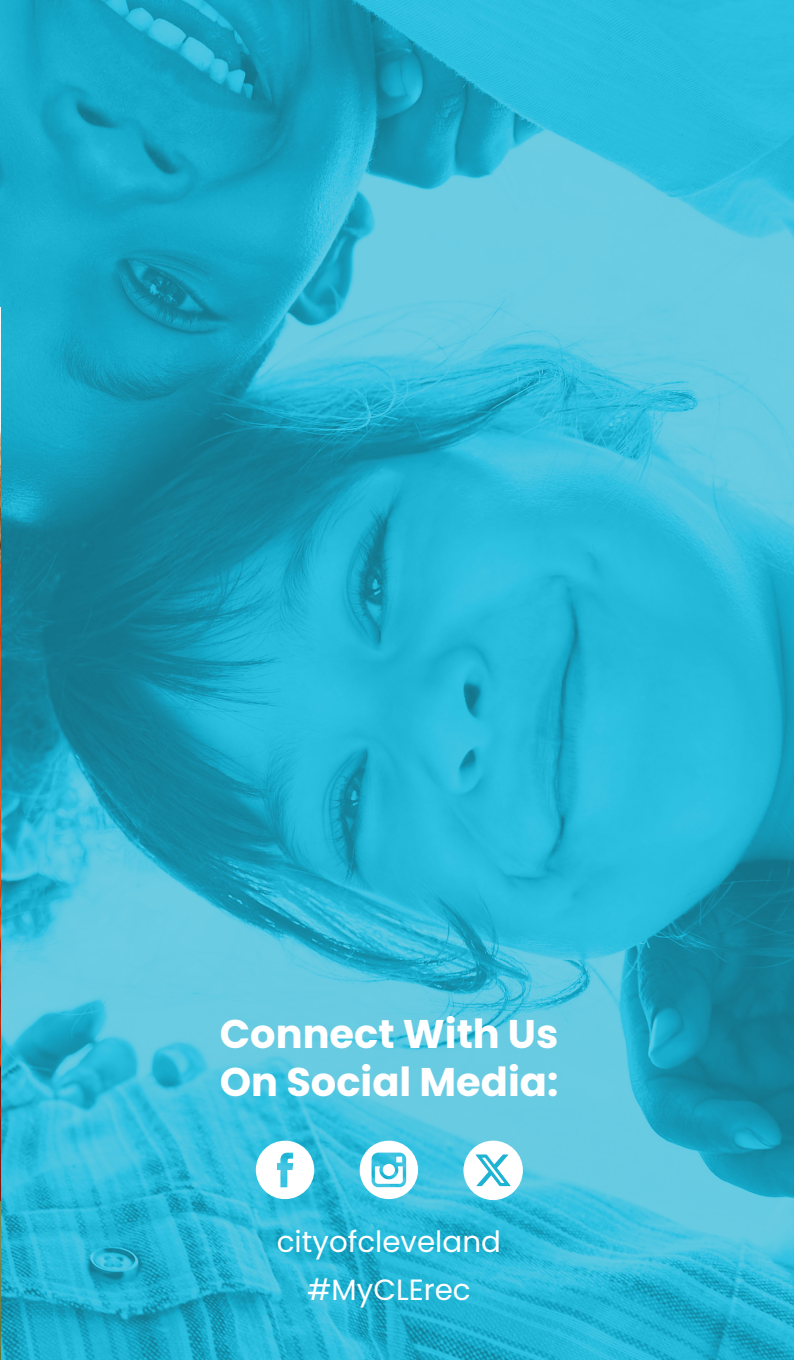
### Authorization: WAIVER OF LIABILITY (If under 18, parent/guardian must complete)

I consent to the above person's participation in the activities and agree on behalf of myself, or minor child, that I assume the risk of accident, injuries or property damage sustained from any cause in connection with my (or my child's) participation in the activities. I voluntarily release and hold harmless the City (including its officers, agents, employees and volunteers) from any liability for an accident, injury or property damage (except to the extent cause by the City's active negligence or willful misconduct). I understand that I am responsible for the registration policies and procedures outlined in the brochure.

Parent/Guardian's Printed Full Name \_\_\_\_\_ Add Signature (if printed) \_\_\_\_\_ Date \_\_\_\_\_







**Connect With Us  
On Social Media:**



cityofcleveland  
#MyCLErec



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