

SAFE STRONG SENIORS

Let's Keep Walking

WALK AT YOUR OWN PACE ON AN INDOOR TRACK!

WHEN

Wednesday's starting at 8:00 AM

March 5, 2025 April 2, 2025

March 12, 2025 April 9, 2025

March 19, 2025 April 16, 2025

March 26, 2025 April 23, 2025

WHERE April 30, 2025

Collinwood Recreation Center

16300 Lakeshore Blvd.



WARNING! AWESOME SENSE OF ACCOMPLISHMENT AHEAD!

