

SAFE STRONG SENIORS

Let's Ke Walking

WALK AT YOUR OWN PACE ON AN INDOOR TRACK!

WHEN

Wednesday's starting at 9:30AM

March 5, 2025 April 2, 2025

April 9, 2025 March 12, 2025

March 19, 2025 April 16, 2025

March 26, 2025 April 23, 2025

WHERE

Zelma W. George Recreation Center

3155 Martin Luther King Jr. Blvd.,





WARNING! AWESOME SENSE OF ACCOMPLISHMENT AHEAD!