



CITY OF CLEVELAND
Mayor Frank G. Jackson



Fall

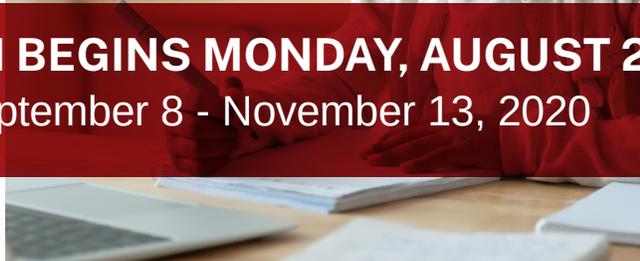
2020

PROGRAMS
GUIDE

Neighborhood Resource & Recreation Center



REGISTRATION BEGINS MONDAY, AUGUST 24, 2020
Classes begin September 8 - November 13, 2020

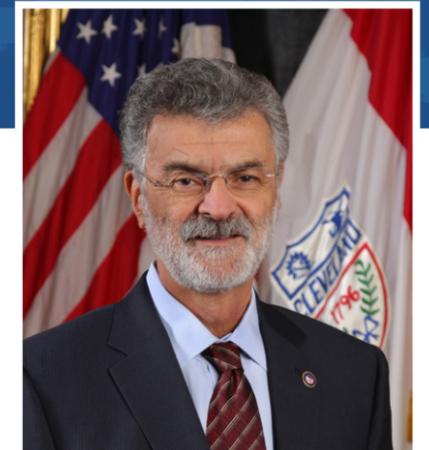




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Welcome!

Dear Clevelanders,

The City of Cleveland welcomes you back to Neighborhood Resource and Recreation Centers (NRRCs) for the Fall season. We have some new programming that we know will make an impact for our residents.

Our goal is to ensure NRRCs are safe, so please refer to the guidelines included in this brochure when you are visiting your NRRC. We have made significant strides in slowing the spread of coronavirus in the City of Cleveland, and as we return to some of the activities that make life routine, we should continue to be cautious in order to make further progress.

It is important that our residents have access to resources and programming that strengthen themselves and our neighborhoods. Our Fall programming will continue to allow us to address the root causes of violence and toxic stress by promoting wellness and resiliency. Not only will we be providing our traditional sports and recreational activities, but we have also implemented educational options, career preparation, and more.

We look forward to seeing you at your local Neighborhood Resource and Recreation Center.

A handwritten signature in blue ink, appearing to read "Frank G. Jackson".

Frank G. Jackson
Mayor, City of Cleveland

Mission Statement

We are committed to improving the quality of life in the City of Cleveland by strengthening our neighborhoods, delivering superior services, embracing the diversity of our citizens, and making Cleveland a desirable, safe city in which to live, work, raise a family, shop, study, play and grow old.



Important NRRC Updates

Facilities Remaining Closed Summer 2020:

The City of Cleveland maintains (22) recreation center facilities plus (1) residential camp. The following facilities will remain closed during fall 2020 due to capital improvements or because it was determined that the physical layout and/or occupant capacity of the facility does not allow for the successful enactment of key mitigation measures. The following facilities will remain closed through December: Kovacic, Hamilton, Halloran, Stella Walsh, and Camp George Forbes.

Fall Hours and Days of Operation

NRRCs will be open Monday–Friday from 11:30 a.m.–8:00 p.m. NRRCs will be closed on Saturdays.

Field Trips and Transportation

Due to COVID-19, field trips and other activities requiring the use of City of Cleveland vans to transport youth are prohibited until further notice.

Welcome!

The City of Cleveland’s Neighborhood Resource and Recreation Centers (NRRCs) offer programs beyond traditional sports and recreational activities that provide our residents- especially our youth and young adults- with access to an array of programs and opportunities that will strengthen our neighborhoods as a whole. This is a critical component of the Mayor’s efforts to improve the quality of life for City of Cleveland residents.

In this guide, you’ll see offerings that demonstrate a greater focus on providing residents with access to resources to holistically better themselves and, as a result, their neighborhoods. Whether that is by exposing youth to performing arts or teens to post-secondary education options or helping the formerly incarcerated with career counseling, this marks a big shift in the mission and function of our recreation centers.

We hope to see you soon at your local Neighborhood Resource and Recreation Center!

Sincerely,

Tracy Martin-Thompson | Chief

Michael E. Cox | Director

New Health and Safety Measures for NRRC Guests

August 31, 2020

Dear City of Cleveland Residents,

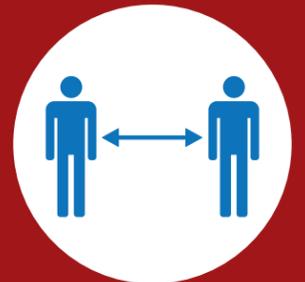
As you are aware, COVID-19 has presented unique challenges to the health and well-being of people around the world. Without proven medical treatments and solutions to thwart this crisis, social distancing and other health and safety practices have been prescribed by the Centers for Disease Control (CDC) and other medical experts in an effort to minimize the spread of the virus. Scientific evidence demonstrates that these practices have proven successful in curtailing the impact of the virus.

In light of the current environment, the City has established new health and safety guidelines for our NRRCs in an effort to ensure the health and well-being of all of our guests and staff members. Please be certain to carefully review the New Health and Safety Measures for NRRC Guests section of the guide.

If you have any questions pertaining to these changes, please contact your local NRRC for more information.



**WEAR GLOVES
AND MASK**



**KEEP SAFE
DISTANCE**



**SANITIZE
HANDS**

New Health and Safety Measures for NRRC Guests

As a part of our efforts to ensure the health and safety of all of our guests, the following health and safety measures have been established. All guests are required to adhere to the new guidelines. Guests that refuse to comply with the new guidelines will be prohibited from entering or remaining in the facility.

- Any guest experiencing COVID-19 symptoms should remain home and contact your health care provider for guidance and direction. COVID-19 symptoms include: cough, shortness of breath or difficulty breathing; or at least two (2) of the following: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell.
- All guests will be required to wear a mask or facial covering. Facial coverings are required to be worn at all times except during active programming such as basketball, baseball, swimming, etc. Guests will be required to secure their own masks.
- Guests are asked to wash their hands often using soap and water for twenty (20) seconds. If soap and water are not readily available, use hand sanitizer. For your convenience, we've added several hand sanitizer stations in each NRRC.
- Guests will be required to adhere to social distancing guidelines, remaining 6ft. apart. All individuals must avoid physical contact with others including high fives, huddles or any other close contact occurring before, during and after all activities.
- Guests must sign up or register to participate in all NRRC programs. Guests will not be allowed in any NRRC unless they have signed up or have registered for a scheduled program/activity. See guidelines for the registration and sign-up process on the last page of this guide.
- Guests will be allowed entrance into the NRRCs only 15-minutes prior to their program/activity start time.
- Admittance to the pool area will be granted on a first come first served basis. However, in observance of social distancing and mass gathering guidelines, the number of individuals allowed in the pool/pool area at any given time will be limited. See more details pertaining to pools in the Indoor Pools section of this guide.
- Locker rooms will only be available to guests using the indoor pools. Showers will not be available for public use.
- In an effort to minimize the spread of the virus, guests will no longer be allowed to input their participant number into the PEAK system using the keypad. The front desk staff member will be required to sign in each guest.

Again, please note that these new guidelines and policies were developed in an effort to keep all of our guests and employees safe. All of the NRRCs' new guidelines and policies are based on the CDC and the Ohio Department of Health COVID-19 health and safety measures that were prescribed in an effort to minimize the spread of the virus.

We appreciate your patience and understanding. Again, if you have any questions and/or concerns pertaining to the changes noted above, please contact your local NRRC for further guidance and information.

Fall Program Offerings Overview

In an effort to offer high-quality, interactive programming during the COVID-19 pandemic, the City of Cleveland's Mayor's Office of Prevention, Intervention and Opportunity for Youth and Young Adults (PIOYYA) and the Division of Recreation have designed a new model for the delivery of fall program offerings that include virtual programming and limited in-person 10-week programs and activities available in NRRCs. All programs and activities center around six (6) areas: Youth and Adult Education; Job and Career Readiness; Health and Wellness; Youth Leadership Development, Mentorship and Community Service; the Arts; and Sports and Recreation. In addition, each NRRC will continue to offer traditional daily programs and activities.

► Virtual Programs

The City of Cleveland will offer over 20 free virtual programs for City of Cleveland residents ages 5 and above. The City has selected Zoom as the platform to use for most program offerings. Virtual programming enables residents an opportunity to engage in live, interactive programs from the safety and comfort of their homes. See the Virtual Programs section of this brochure for more information about the programs available.

Individuals interested in participating in one or more of the City's virtual programs, must register in order to be provided access. Please be advised that each program can only accommodate a limited number of participants, so registration is required. See the Registration Process section of the brochure for information pertaining to the registration process.

Please note: A parent or guardian must be present during virtual programming if a child under the age of 13 is a program participant.

► In-Person 10-Week Summer Classes

The City of Cleveland will offer a variety of free in-person classes that will be hosted at several NRRCs for residents ages 5 and up. However, due to COVID-19, the number of in-person programming will be limited to allow for social distancing and to ensure adherence to mass gathering guidelines prescribed by the CDC and the Ohio Department of Health.

Please note that these NRRC programs are designed to assist each participant in achieving his/her potential. These classes are progressive, so each class builds upon the previous class session. Participants will use the knowledge and skills they gain in each class session to further their development. In order to get the maximum benefit from these programs, registrants are strongly advised and encouraged to attend each class session. See the In-Person 10-Week Fall Programs/Classes section of this brochure for information about programs available.

Individuals interested in participating in one or more of the City's 10-week in-person programs, must register in order to be provided access. Please be advised that each program can only accommodate a limited number of participants, so registration is required. See the Registration Process section of the brochure for information pertaining to the registration process.

Please note: Children under the age of 8 must be accompanied by an adult.

► Daily NRRC Programs and Activities (i.e. Arts and Crafts, Weight Training, Fitness, Baseball/Basketball Skills etc.):

The City of Cleveland's NRRCs offer several free daily activities and access to program rooms for residents ages 8 and up. For a complete list of the daily programs and activities available at your NRRC, please contact your NRRC directly.

Important Change: Please be advised that, due to COVID-19, all participants must sign up to participate in one or more of your local NRRC's daily programs and/or to have access to the activity rooms. The maximum number of guests allowed in an activity room or an area in which a program is taking place will be limited in order to adhere to social distancing and mass gathering guidelines prescribed by the CDC and the Ohio Department of Health. In order to accommodate as many guests as possible, time limits have been determined for each daily program and activity. Please see the Registration Process section of the brochure for more information on how to sign up for NRRCs' daily programs and activities.

NRRC Locations and Phone Numbers

Camp Forbes 25440 Harvard Ave. (216) 263-5325	Cudell Recreation 1910 West Blvd. (216) 664-4137	Gunning 16700 Puritas Ave. (216) 420-7900	Michael Zone 6301 Lorain Rd. (216) 664-3373
Clark 5706 Clark Ave. (216) 664-4657	Earle B. Turner 11300 Miles Rd. (216) 420-8358	Halloran Park 3550 West 117 th St. (216) 664-4187	Stella Walsh 7245 Broadway Ave. (216) 664-4658
Central 2526 Central Ave. (216) 664-4241	EJ Kovacic 6250 St. Clair Ave. (216) 664-4140	Hamilton 13200 Kinsman Rd. (216) 664-4121	Sterling 1380 East 32 nd St. (216) 664-2573
Collinwood 16300 Lakeshore Blvd. (216) 420-8323	Estabrook 4125 Fulton Ave. (216) 664-4149	John F. Kennedy 17300 Harvard Ave. (216) 664-2572	Thurgood Marshall 8611 Hough Ave. (216) 664-4045
Cory 10510 Drexel Ave. (216) 664-3389	Fairfax 2335 East 82 nd St. (216) 664-4142	Kenneth L. Johnson 9206 Woodland Ave. (216) 664-4124	Zelma George 3155 MLK Jr. Blvd. (216) 420-8800
Cudell Fine Arts 10013 Detroit Ave. (216) 664-4183	Glenville 680 East 113 th St. (216) 664-2516	Lonnie Burten 2511 East 46 th St. (216) 664-4139	

City of Cleveland Directory

Need to contact a City of Cleveland department about city services? Check out the numbers below to get started.

City Hall – Main Line – (216) 644-2000
 Department of Aging – (216) 664-2833
 Division of Animal Care & Control – (216) 664-3069
 Department of Building & Housing – (216) 664-2282
 Department of Community Development – (216) 664-4000
 Community Relations Board – (216) 664-3290
 Emergency Medical Service – (216) 664-2555
 Division of Fire – (216) 664-6800
 Division of Police Non Emergency Line – (216) 621-1234
 Mayor’s Action Center – (216) 664-2900
 Division of Water – (216) 664-2444
 Division of Waste Collection and Disposal – (216) 664-3711
 Division of Streets – (216) 664-2510
 Department of Economic Development – (216) 664-2406
 Department of Public Health – (216) 664-6256
 Citizens can report concerns or give feedback by calling 311.

Connect With Us On Social Media:

-  cityofcleveland
-  cityofcleveland
-  cityofcleveland
-  MyCLErec

Division of Recreation
216-664-2570



Cleveland City Council, the legislative branch of the City of Cleveland, serves citizens by monitoring city departments, approving budgets, and enacting legislation to improve the quality of life in an effective and financially responsible way.

Council members serve two roles in their duties: to draft and enact legislation for the city of Cleveland and act as ombudsmen for their constituents. For more information about Cleveland City Council call (216) 664-2840 or visit www.clevelandcitycouncil.org.

Joseph T. Jones, Ward 1
 Kevin L. Bishop, Ward 2
 Kerry McCormack, Ward 3
 Kenneth Johnson, Ward 4
 Phyllis Cleveland, Ward 5
 Blaine A. Griffin, Ward 6
 Basheer S. Jones, Ward 7
 Michael Polensek, Ward 8
 Kevin Conwell, Ward 9

Anthony T. Hairston, Ward 10
 Brian Mooney, Ward 11
 Anthony Brancatelli, Ward 12
 Kevin J. Kelley, Ward 13
 Jasmin Santana, Ward 14
 Matt Zone, Ward 15
 Brian Kazy, Ward 16
 Charles Slife, Ward 17



Virtual Education Programs

- ACT/SAT Prep
- Aspire ESL, Aspire GED
- Chess
- College and Career Exploration
- IConnect (*Using Computers/Ipads*)
- Job and Career Readiness Training and Placement
- Reach Success (*Tutoring*)
- Sylvan Learning ACE It!
- Therapeutic Yoga



VIRTUAL EDUCATION PROGRAMS

Chess

(Progress with Chess)

Learn the game of chess while enhancing your critical thinking and problem-solving skills. Youth ages 5 and above will thrive as they become independent thinkers and strategists.

Virtual Course Code	Description	Age/Grade	Day	Time
V-113	Beginning Chess	Ages 5+	W	3:30 P.M. - 4:30 P.M.
V-114	Experienced Chess	Ages 5+	W	1:30 P.M. - 3:00 P.M.
V-115	Experienced Chess	Ages 5+	TH	3:30 P.M. - 5:00 P.M.

Reach Success (Homework Help, Personal Success Coaching)

(Reach Success, Inc.)

Youth will receive tutoring based on their individual needs for current homework and any testing challenges. Reach Success will administer learning assessments and address primary personal and educational barriers. Students will engage one with their personal success coach, utilizing individualized learning. Focused attention will be paid to 504 plans or IEP's. Participants are scheduled by grade levels: K-2, 3-5, 6-8 and 9-12.

Virtual Course Code	Description	Grades	Time
V-126	Reach Success	K-2, 3-5, 6-8 and 9-12	Individually Scheduled

Sylvan Learning ACE It! (Reading Intervention)

(Dishavi Ventures, LLC dba Sylvan Learning Center)

This is an engaging, effective and efficient reading and mathematics intervention program to help students in grades 4-8 catch up, keep up, and get ahead. The program utilizes research-based methodologies that have been proven effective in addressing the needs of students who are struggling academically, including an instructional approach that combines small groups, differentiated instruction, cooperative learning, student motivation system and parent involvement.

Virtual Course Code	Description	Grades	Time
V-127	Sylvan Learning ACE It!	4-8	Individually Scheduled

ACT/SAT Prep

(Huntington Learning Center)

Youth in grades 10-12 will engage in intensive ACT/SAT test prep tutoring to better prepare them to meet the demands of college entrance and Ohio graduation requirements. This is a 10-week program.

Virtual Course Code	Description	Grades	Day	Time
V-117	ACT/SAT Preparation - English	10-12	M	4:30 P.M. - 6:30 P.M.
V-118	ACT/SAT Preparation - Math	10-12	T	4:30 P.M. - 6:30 P.M.
V-119	ACT/SAT Preparation - Reading	10-12	W	4:30 P.M. - 6:30 P.M.
V-120	ACT/SAT Preparation - Science	10-12	TH	4:30 P.M. - 6:30 P.M.
V-121	ACT/SAT Preparation - All	10-12	M,T,W,TH	4:30 P.M. - 6:30 P.M.

VIRTUAL EDUCATION PROGRAMS

College and Career Exploration

(College Now)

Interested in college? Wondering how to pay for it? During the 5-week program, youth in grades 6 – 12 will engage in the following activities:

- Assistance understanding and completing college and/or Career Technical Education (CTE) application processes.
- Financial guidance including assistance completing FAFSA forms and financial literacy.
- College and career exploration activities including college tours and post-secondary CTE enrollment assistance.

This is a five-week program. **Session 1:** September 8 - October 8, **Session 2:** October 13 - November 12

Virtual Course Code	Description	Grades	Day	Time
V-122	College Now!	6-12	T, TH	6:30 P.M. - 7:30 P.M.

Aspire ESL, Aspire GED

(Cuyahoga Community College)

Tri-C Aspire provides high-quality free adult education to individuals who need:

- Adult skills refresher courses
- High School Equivalency (GED®) preparations courses
- English for Speakers of Other Languages (ESOL)
- Digital and financial literacy skills

Virtual Course Code	Description	Ages	Day	Time
V-123	Aspire GED	18+	M, W	12:00 P.M. - 2:30 P.M.
V-124	Aspire GED	18+	T, TH	5:30 P.M. - 7:30 P.M.
V-125	Aspire GED EEL	18+	T, TH	12:00 P.M. - 2:30 P.M.

Therapeutic Yoga

(Beech Brook)

Trauma-sensitive yoga supports emotional regulation, stabilization and skill building for youth, ages 10-18 dealing with trauma. This type of yoga emphasizes present-state awareness and the opportunity to make choices that support well-being.

Virtual Course Code	Description	Ages	Day	Time
V-135	Therapeutic Yoga	10-18	W	5:00 P.M. - 6:00 P.M.

VIRTUAL EDUCATION PROGRAMS

IConnect

(Greater Cleveland Neighborhood Centers Association)

Older adults (55+) who would like to reduce social isolation and better understand the growing tech and digital device world are encouraged to enroll in this exciting class. Adults will learn to connect with an array of content that includes health related topics, education, cultural experiences, exercise, music and games.

Virtual Course Code	Description	Age	Day	Time
V-134	I Connect	55+	T	11:00 A.M. - 12:00 P.M.

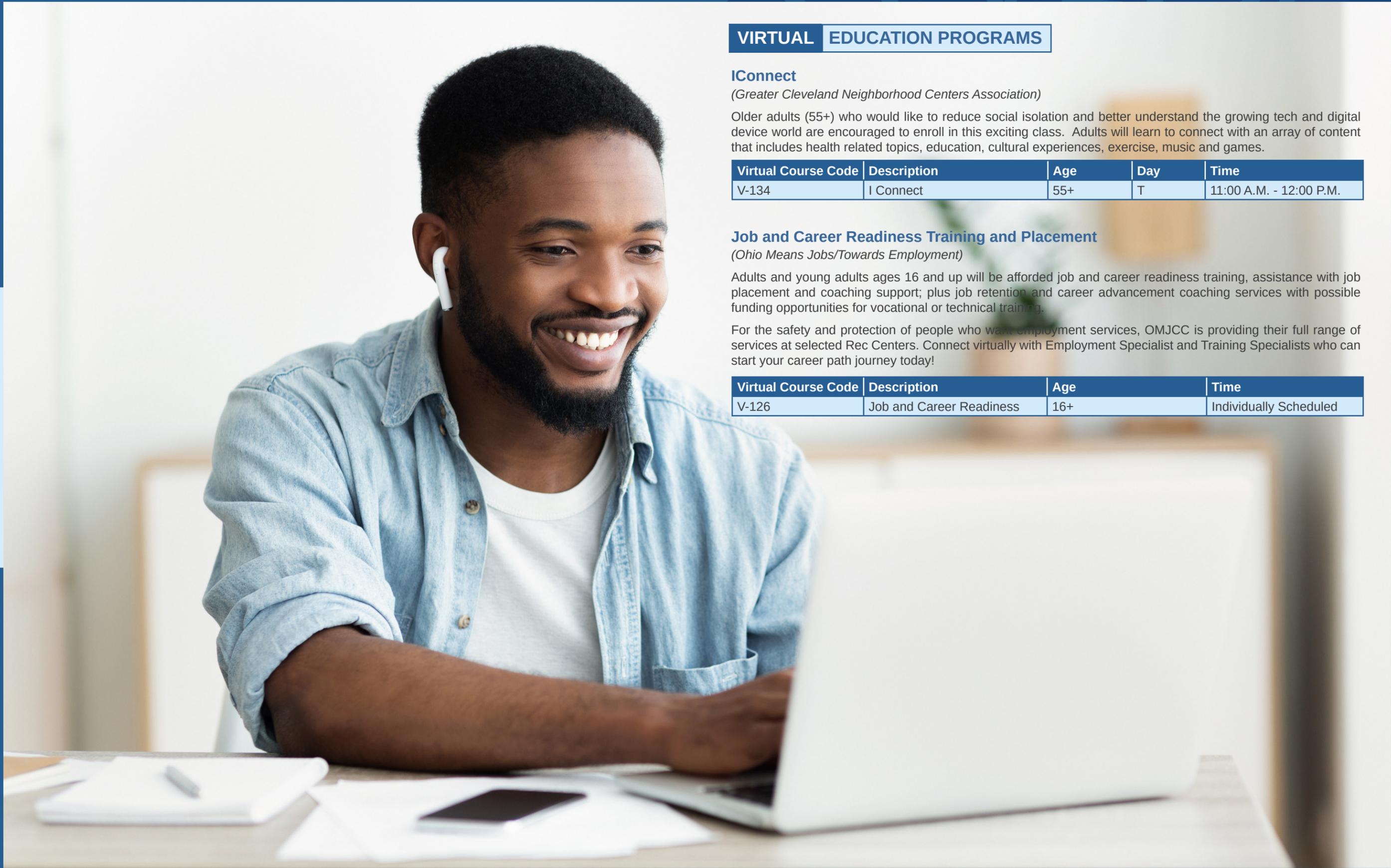
Job and Career Readiness Training and Placement

(Ohio Means Jobs/Towards Employment)

Adults and young adults ages 16 and up will be afforded job and career readiness training, assistance with job placement and coaching support; plus job retention and career advancement coaching services with possible funding opportunities for vocational or technical training.

For the safety and protection of people who want employment services, OMJCC is providing their full range of services at selected Rec Centers. Connect virtually with Employment Specialist and Training Specialists who can start your career path journey today!

Virtual Course Code	Description	Age	Time
V-126	Job and Career Readiness	16+	Individually Scheduled



A young girl with her hair in a bun, wearing a white tutu, is sitting on a green mat on a wooden floor. She is looking at a laptop screen that is open in front of her. The background is a white bookshelf filled with books. The scene is brightly lit, suggesting a home environment.

Virtual Art Programs

- **Get That Groove On!** (*Songwriting and Dance*)
- **Life on Earth**
- **Pink Tutu Ballet**
- **Rainey Visual Arts Program** (*Arts and Crafts*)

VIRTUAL ART PROGRAMS

Pink Tutu Ballet

(Pink Tutu)

Youth in grades K-12 will study and learn ballet. Classes will include ballet instruction, rehearsals and wellness workshops for healthy habits. The program also includes an exploration of the connection between classic literature and ballet.

Virtual Course Code	Description	Grades	Day	Time
V-108	Virtual Ballet	K-12	F	5:00 P.M. - 6:00 P.M.

Rainey Visual Arts Program

(Eleanor B. Rainey Memorial Institute)

This visual arts program provides young artists hands-on experiences in making both two and three dimensional projects of arts and crafts. Art supplies needed in class will be provided in advance. Supplies will be packed in a bag for pick-up at the participants local NRRC. Ages 7+

Virtual Course Code	Description	Ages	Day	Time
V-110	Rainey Visual Arts in the City	7+	TH	5:00 P.M. - 6:00 P.M.

Get That Groove On!

(City Music Cleveland)

Do you love music? Have you ever put new words to your favorite songs? Have you ever produced a beat to that song? Have you ever danced to that song? If so, this workshop is for you! Through zoom and virtual technology, you can participate in a weekly songwriting and dance workshop. You will jump into writing your own beats through the FREE APP *BandLab*, an app that is compatible for both android and iPhone users. You will have the opportunity to choose your own drum sounds, will experiment with various tempi, and create lyrics based off your beat. The final step in your project will be the DANCE JAM, where you will come up with dances to match your beat's style and character. Come and join us via zoom!

Virtual Course Code	Description	Grades	Day	Time
V-132	Get That Groove On!	5-8	T	6:00 P.M. - 7:00 P.M.

Life on Earth (Science Education)

Youth will analyze how living things best adapt to survive within particular ecosystems. Through hands-on experiments, youth ages 8-10 will investigate the different ways that humans produce power, and compare and contrast renewable and nonrenewable resources.

Virtual Course Code	Description	Grades	Day	Time
V-133	Life on Earth	8-10	W	4:00 P.M. - 5:00 P.M.

VIRTUAL ART PROGRAMS





In-Person Education, Art Programs and Health and Wellness

- After-School All-Stars
- Arts and Crafts
- Bucket Drumming
- Circuit Training
- Club Create—Comics and Creative
- El Sistema (*Violin Lessons*)
- Exploring Entrepreneurship
- HBCU Dance Training
- Majorette Dance
- Musical Instrument Lessons
- Photography
- STEAM
- STEM Workshops
- Therapeutic Tutoring

IN-PERSON EDUCATION PROGRAMS

After-School All-Stars (*Tutoring and more*)

(*After-School All Stars*)

This exciting program provides out-of-school time programs for 1st-12th grade youth including academic assistance, sports and recreation, field trips, guest speakers, STEM focused hands-on activities and classes that broaden students' individual interests. Participants are grouped into two sections: Grades 1-4 and Grades 5-10.

Course Code	Location	Description	Grade	Day	Time
FF-ASAS-101	Fairfax	After School All-Stars	1-4, 5-10	M, T, W, TH	3:00 P.M. - 5:00 P.M.

Therapeutic Tutoring

(*Beech Brook*)

Is your child struggling with reading? This one-to-one tutoring program provides intensive tutoring using a fun, comprehensive and highly effective curriculum that uses cards, colors, patterns, memory and association to teach reading and writing. Tutoring will be scheduled for one hour a week per child.

Course Code	Location	Description	Grade	Day	Time
TM-TT-101	Thurgood Marshall	Therapeutic Tutoring	1-4	T	3:30 P.M. - 4:30 P.M.
TM-TT-102	Thurgood Marshall	Therapeutic Tutoring	1-4	T	4:30 P.M. - 5:30 P.M.
TM-TT-103	Thurgood Marshall	Therapeutic Tutoring	1-4	T	5:30 P.M. - 6:30 P.M.
TM-TT-104	Thurgood Marshall	Therapeutic Tutoring	1-4	TH	3:30 P.M. - 4:30 P.M.
TM-TT-105	Thurgood Marshall	Therapeutic Tutoring	1-4	TH	4:30 P.M. - 5:30 P.M.
TM-TT-106	Thurgood Marshall	Therapeutic Tutoring	1-4	TH	5:30 P.M. - 6:30 P.M.

STEAM

(*Greater Cleveland Neighborhood Centers Association*)

This program will introduce youth in grades 5-8 to engineering concepts focused on math, science and literacy through project based learning activities. Youth will form teams that will compete with the projects they have completed.

Course Code	Location	Description	Grade	Day	Time
MZ-GCNCA-101	Michael Zone	GCNCA STEAM	5-8	F	5:00 P.M. - 6:00 P.M.

STEM Workshops

(*Great Lakes Science Center*)

In this one-week program, K-8 participants will engage in multiple hands-on activities related to Science, Technology, Engineering and Mathematics (STEM). Activities are designed to encourage creativity and self-efficacy. Rotating family pass is available at each NRRC.

Course Code	Location	Description	Grade	Day	Time
CWD-GLSC-101	Collinwood	GLSC STEM	K-8	Week of October 12, 2020	4:00 P.M. - 5:00 P.M.

IN-PERSON ART PROGRAMS

Bucket Drumming

(*Eleanor B. Rainey Memorial Institute*)

Bucket Drumming participants will learn fundamental techniques and comprehensive rhythms through call and response training. The program will culminate in a performance for friends, family and the Neighborhood Resource & Recreation Center community.

Course Code	Location	Description	Grade	Day	Time
JFK-BD-101	JFK	Bucket Drumming	4-10	TH	5:00 P.M. - 6:00 P.M.

Club Create—Comics and Creative

(*Lake Erie Ink*)

Creative expression thrives as participants write and illustrate their own comics and create mini magazines. A culminating event will showcase and celebrate participant's work.

Course Code	Location	Description	Grade	Day	Time
CLK-CC-101	Clark	Club Create	4-8	M, W	4:00 P.M. - 5:00 P.M.
CFA-CC-102	CFA	Club Create	4-8	T, TH	4:00 P.M. - 5:00 P.M.

HBCU Dance Training

(*Buck Out Foundation*)

Girls ages 13-19 will participate in cross-genre professional dance training and HBCU Style Dance.

Course Code	Location	Description	Age	Day	Time
CWD-BOF-101	Collinwood	HBCU Dance Training	13-19	F	6:30 P.M. - 7:30 P.M.

Majorette Dance

(*Buck Out Foundation*)

Girls ages 7-12 will learn a variety of dance genres - jazz, ballet, hip-hop and HBCU Dance – and exhibit their talents, inspiring others through dance.

Course Code	Location	Description	Age	Day	Time
CWD-BOF-102	Collinwood	Majorette Dance	7-12	F	5:30 P.M. - 6:30 P.M.

Photography

(*Greater Cleveland Neighborhood Centers Association*)

This introductory program will provide youth in grades 6 – 12 basic instruction in photography. Participants will learn basic camera operation, lighting, special techniques and image editing on Photoshop.

Course Code	Location	Description	Grade	Day	Time
CTL-GCNCA-102	Central	GCNCA Photography	6-12	TH	6:00 P.M. - 7:00 P.M.
CDL-GCNCA-103	Cudell	GCNCA Photography	6-12	M	5:00 P.M. - 6:00 P.M.

IN-PERSON ART PROGRAMS

Arts & Crafts

(Center for Arts Inspired Learning)

Multi-Media Arts Workshop - each week we will be exploring a different art material, ceramics, paintings, upcycling, stenciling, t-shirt design, and jewelry making are some of the projects scheduled for this workshop!

Course Code	Location	Description	Grades	Day	Time
CWD-CAL-101	Collinwood	Multi-Media Arts	4-8	T	4:00 P.M. - 5:00 P.M.
EBT-CAL-102	Earle B. Turner	Multi-Media Arts	4-8	M	4:30 P.M. - 5:30 P.M.
GLV-CAL-103	Glenville	Multi-Media Arts	4-8	M	5:30 P.M. - 6:30 P.M.
MZ-CAL-104	Michael Zone	Multi-Media Arts	4-8	TH	5:30 P.M. - 6:30 P.M.

El Sistema (Violin Lessons)

(Eleanor B. Rainey Memorial Institute)

Youth ages 8 – 11 and adults with a serious interest in learning to play the violin will participate in an intensive series of violin lessons. These lessons will prepare them for the variety of public performances they will experience. Violins are provided for in-class use.

Course Code	Location	Description	Age	Day	Time
ESB-ESV-101	Estabrook	El-Sistema (Violin)	8-11	T, TH	4:00 P.M. - 5:00 P.M.
ESB-ESV-102	Estabrook	El-Sistema (Violin)	8-11	T, TH	5:00 P.M. - 6:00 P.M.

Exploring Entrepreneurship

(Teen Enterprise LLC)

Interested in learning how to start a business? From ideation to implementation, participants ages 13-17 go through the process of creating a product and promoting their concept during Young Entrepreneur Pop Up Shop!

Course Code	Location	Description	Age	Day	Time
ZG-EE-101	Zelma George	Entrepreneurship	13-17	T, TH	5:00 P.M. - 7:00 P.M.

Circuit Training

(Cray Consulting Group, Inc.)

Get in shape by participating in one of the most efficient beneficial forms of exercise, powered by Fit Circuit. Adult participants will be instructed through 8-10 different exercise stations which will work various muscle groups, completing 4 circuits in each training session.

Course Code	Location	Description	Age	Day	Time
GLV-CT-101	Glenville	Circuit Training	18+	T	5:00 P.M. - 6:00 P.M.
CLK-CT-102	Clark	Circuit Training	18+	TH	6:30 P.M. - 7:30 P.M.

IN-PERSON ART PROGRAMS

Musical Instrument Lessons

(Play It Forward)

Do you love music and want to learn to play a musical instrument? Choose from violin, guitar or percussion (drums) lessons. Small group lessons include one day a week for 90 minutes of direct instruction and a second day of 90 minutes for guided practice. Musicians who complete the seasonal session of lessons get to keep their instrument! **This program begins the week of October 5, 2020 and ends the week of December 18, 2020.**

Course Code	Location	Description	Age	Day	Time
ESB-GTR-101	Estabrook	Guitar Lessons	10-18	M, W	4:00 P.M. - 5:30 P.M.
GLV-GTR-102	Glenville	Guitar Lessons	10-18	T, TH	5:00 P.M. - 6:30 P.M.
CLD-VIO-101	Cudell	Violin	10-18	M, W	5:00 P.M. - 6:30 P.M.
GLV-PRC-101	Glenville	Percussion - Drums	10-18	M, W	5:00 P.M. - 6:30 P.M.





After-School Meal Programs

Youth, ages 18 and under, can visit any of the Neighborhood Resource and Recreation Centers for free meals after 3:30 p.m., Monday through Friday. Call you nearest NRRC for serving times.



Daily NRRC Programs and Activities

- Baseball
- Basketball
- Cornhole
- Football
- Girl Scouts
- Hip Hop Fitness
- Pickleball
- Senior Fitness
- Scientific Arts
- Spoken Word
- Swim Meets
- Volleyball
- Water Polo
- Youth Clay
- Zumba
- and Much More!

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Central	Girl Scouts	Our troop does an array of activities from arts to community outreach to community service. We also empower each other to become better citizens as we grow.	Ages 8-15	TH	5:00 pm-6:00 pm	216-664-4241
Central	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Central	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Central	Games for Basketball (Horse, Hot Shot, etc.)	Players shoot the basketball from different points on the court.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Central	Pickleball	Paddleball sport that combines elements of tennis, badminton, and table tennis.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Central	Cornhole	Players take turns throwing bean bags at a raised platform with a hole in the far end.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Clark	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30 pm-6:30 pm	Clark
Clark	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30 pm-7:00 pm	Clark
Clark	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Collinwood	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Collinwood

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Collinwood	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Collinwood
Collinwood	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Collinwood	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Collinwood	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Cory	Corn Hole	Patrons take turns throwing 16 ounce bags at a raised platform with a hole in the far end. Scores are awarded for bags in the hole or bags landing on the board.	Ages 8-17	W,F	4:00pm - 5:30pm	216-664-3389
Cory	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Cory
Cory	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Cory	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Cudell	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Cudell	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Cudell	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Cudell	Games for Basketball (Horse, Hot Shot, etc.)	Players shoot the basketball from different points on the court.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Cudell	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Cudell
Cudell Fine Arts (Virtual)	Spoken Word Round Table	Express yourself through spoken word and poetry. Students will learn to compose, edit and present their art with confidence.	Ages 17 & Under	M, W	(M) 1:00pm-2:00pm (W) 5:00pm-6:00pm	216.664.4183
Cudell Fine Arts	Homeschool Zumba	Family oriented dance fitness classes designed for all ages and skill levels.	All Ages	M	1:00pm-2:00pm	216.664.4183
Cudell Fine Arts	Family Hip Hop Class	Family oriented dance fitness classes designed for all ages and skill levels.	All Ages	M	3:00pm-4:00pm	216.664.4183
Cudell Fine Arts	Kids Creative Studio	Children of all abilities get a chance to create with their hands and exercise their creative thinking to create works of art in an instructional setting. Projects are often seasonal.	Ages 8-17	M	4:00pm-6:30pm	216.664.4183
Cudell Fine Arts	Kids Fitness	Youth oriented fitness classes	Ages 8-14	M	6:00pm-7:30pm	216.664.4183
Cudell Fine Arts	Recycled Arts	Teaching students to use materials that would otherwise be thrown away to be re-purposed for art. Students to be given pre-made kits containing materials such as plastics, paper, cardboard, etc. to use to create their portion of a larger community artwork.	All Ages	T	12:00pm-2:30pm	216.664.4183
Cudell Fine Arts	Open Studio Arts	Patrons of all abilities get a chance to create with their hands and exercise their creative thinking to create works of art in an instructional setting. Projects are seasonal.	All Ages	T	4:00pm-6:30pm	216.664.4183

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Cudell Fine Arts (Virtual)	Young Playwright Camp	Young creative minds learn storyboarding, writing and editing by working on the 2020 Annual City of Cleveland Holiday Play.	Ages 17 & Under	T, TH	(M) 1:00pm-2:00pm (TH) 5:00pm-6:00pm	216.664.4183
Cudell Fine Arts	Adult Arts & Crafts	Adults of all abilities get a chance to create with their hands and exercise their creative thinking to create works of art in an instructional setting.	Ages 18+	W, F	12:00pm-2:30pm	216.664.4183
Cudell Fine Arts	Hip Hip for Kids	Youth oriented dance fitness classes.	Ages 17 & Under	W	3:00pm-4:00pm	216.664.4183
Cudell Fine Arts	Double Dutch & More	Youth oriented dance fitness classes designed for ages 17 and under.	Ages 8-17	W	3:00pm-5:30pm	216.664.4183
Cudell Fine Arts	Specialty Adult Arts	Classes focused on exposing adults to a variety of different art forms including painting, sewing, weaving, paper quilling, etc.	Ages 18+	W, F	4:00pm-6:30pm	216.664.4183
Cudell Fine Arts	Adult Fitness	Adult oriented fitness classes designed for ages 14+ and all skill levels.	Ages 18+	F	6:00pm-7:30pm	216.664.4183
Cudell Fine Arts	Scientific Arts	Students will be lead through projects that will not only stimulate their creative process but their critical thinking as well with fun art related science experiments.	All Ages	TH	12:00pm-2:30pm	216.664.4183
Cudell Fine Arts	Youth Clay	Students create functional and sculptural works of art in clay.	Ages 8-17	TH	4:00pm-6:30pm	216.664.4183
Cudell Fine Arts	Nature Arts	Outdoor classes lead by an instructor focusing on finding art in nature.	Ages 8-17	TH	4:00pm-6:30pm	216.664.4183
Cudell Fine Arts	Adult Zumba	Adult oriented dance fitness classes	Ages 18+	F	1:00pm-2:00pm	216.664.4183
Cudell Fine Arts	Garden Club	Participants will cultivate a love for growing their own food. Plant a seed, watch it grow, and take it home at the end of the season!	Ages 10-17	F	4:00pm-6:30pm	216.664.4183
Earle B. Turner	Homework Club	One on One Tutoring program	Ages 8-16	M, T,	3:00pm - 6:00pm	Earle B. Turner
Earle B. Turner	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Earle B. Turner

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Earle B. Turner	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, Th, F	5:30pm-7:00pm	Earle B. Turner
Earle B. Turner	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Earle B. Turner	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Earle B. Turner	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Earle B. Turner	Pickleball	Paddleball sport that combines elements of tennis, badminton, and table tennis.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Estabrook	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Estabrook
Estabrook	Pee-Wee Football "Fun"	Football "Based" Skills & Drill Development	Ages 4-8	M, W	5:00pm - 7:00pm	Kim Kibort 216-4149
Estabrook	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Estabrook
Estabrook	Senior Open	Senior Walking, Senior Swim	55+	Mon - Wed - Fri	9:00am - 11:30am	Kim Kibort 216-4149
Fairfax	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Fairfax
Fairfax	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Fairfax
Fairfax	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Fairfax	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Fairfax	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Fairfax	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Fairfax	Pickleball	Paddleball sport that combines elements of tennis, badminton, and table tennis.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Glenville	Senior Open	Line-Dancing, Arts & Crafts, Senior Swim, Senior Aerobics	55+	T, TH	9:00am - 11:30am	Larry Wilcox 216-664-2516
Glenville	Girls Group Meeting	Mentoring for Young Girls	Ages 12-17	F	5:00pm	Tabatha Ivory 216-664-2516
Glenville	Boxing	Boxing Skills	Ages 8+	M-F	3:30 - 4:15 pm 5:00 - 5:45 pm 6:30 - 7:15 pm	Larry Wilcox 216-664-2516
Glenville	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Glenville
Glenville	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Glenville
Glenville	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Glenville	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Glenville	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Glenville	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Gunning	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Gunning	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Gunning	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Gunning	Kick-Boxing Aerobics	High Intensity Kick-Boxing based Aerobics Exercises.	18+	M-W	6:00 pm - 7:30 pm	Carlitos Torres 216-420-7900
Gunning	Latin Aerobics	Aerobics with a Latin "Twist" to Latin Music.	18+	T	6:00 pm - 7:30 pm	Carlitos Torres 216-420-7900
Gunning	Zumba	Dance influenced aerobics.	18+	TH	6:00 pm - 7:30 pm	Carlitos Torres 216-420-7900
Gunning	Senior Open	Senior Walking, Senior Work out.	55+	M-F	9:00am-11:30am	Carlitos Torres 216-420-7900
John F. Kennedy	Beginners Track	Youths will be introduced and learn how to train for track	Ages 8-16	M,W,	5:00pm - 5:45pm	NRRC
John F. Kennedy	Cornhole	Players take turns throwing bean bags at a raised platform with a hole in the far end.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
John F. Kennedy	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	John F. Kennedy

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
John F. Kennedy	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	John F. Kennedy
Ken Johnson	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Ken Johnson	Pee Wee/Tot Games	To be determined, e.g, spud, soccer, football, basketball	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Ken Johnson	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Ken Johnson	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Ken Johnson
Ken Johnson	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Ken Johnson
Lonnie Burten	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Lonnie Burten	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Lonnie Burten	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Lonnie Burten	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Lonnie Burten
Lonnie Burten	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Lonnie Burter

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Michael Zone	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Michael Zone	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Michael Zone	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Sterling	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Sterling	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Sterling	HITT	Full Body Workout	18+	M-F	12:00pm-12:45pm	Gabe Ramos 216-2573
Sterling	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Sterling
Sterling	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Sterling
Thurgood Marshall	4 on 4 Volleyball	4 players on the court for each team. No spiking. Instruction provided as well.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Thurgood Marshall	Basketball Skills & Drills/ fundamentals of basketball	Basic instruction for the game, based on age and skill level of participants.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Thurgood Marshall	Corn Hole	Tossing sand bags into two boards with holes to score points	Ages 8-17	T, TH	5:30pm-7:00pm	664-4045

Daily NRRC Programs and Activities

NRRC	Program	Description	Age Group	Days	Times	Contact Information
Thurgood Marshall	Inner Tube Water Polo	Two teams of 4 players playing the width of the pool in the deep end.	Ages 8-17	M, F	5:30pm-6:30pm	Thurgood Marshall
Thurgood Marshall	Swim Team Meets	Each center will have 1 male and 1 female from each age group to compete against each other in freestyle, backstroke, breaststroke and butterfly.	Ages 5-17	T, W, TH, F	5:30pm-7:00pm	Thurgood Marshall
Thurgood Marshall	Yoga Basics	Meditation and body movement	Adults	T, TH	6:00pm-7:00pm	664-4045
Thurgood Marshall	Youth Chess	Game of competitive mental challenge	Ages 8-17	M, W, F	4:00pm-7:00pm	664-4045
Zelma George	Baseball Academy	Instructional for all skill levels, includes activities to make learning about baseball fun.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Zelma George	5 on 5 Spot Flag Football	5 players on the field for each team. No blocking. Players are down at the spot of the catch.	Ages 8-17	Varies from M-F	Varies by rec center.	Varies. Call your local rec center for days, times, and ages.
Zelma George	Senior Walk	Indoor track is used for walking exercise	Ages 55+	M,W, F	9:00am - 9:45am	NRRC
Zelma George	Senior Walk	Indoor track is used for walking exercise	Ages 55+	M,W, F	10:00am-10:45am	NRRC
Zelma George	Senior Line Dance	Groups are taught the latest line dancing steps	Ages 55+	T,TH	10:00pm-10:45pm	NRRC
Zelma George	Senior Line Dance	Groups are taught the latest line dancing steps	Ages 55+	T,TH	9:00pm - 9:45pm	NRRC



The following NRRCs will be open from 9:00 a.m. - 11:30 a.m. for special senior programming:

- Collinwood
- Earle B. Turner
- Estabrook
- Fairfax
- Glenville
- Gunning
- Zelma George

Check with the NRRC for specific programs and schedules.

Registration Process

Registration for Virtual Programs:

- To register for virtual programs, please complete the online registration form at www.clevelandohio.gov/NRRCCreg and submit electronically.
- Each registrant will receive a letter within 48 hours confirming their seat in the program, the date and time of the program and instructions regarding login and password.
- The confirmation letter will include the participant Code of Conduct Policy and Consent and Waiver form that must be signed and returned. The Consent and Waiver form may be returned one of the following ways:
 - Sign, scan and email to NRRCC_registration@clevelandohio.gov,
 - Sign, take a picture and email to NRRCC_registration@clevelandohio.gov, or
 - Sign and return to your local NRRC
- A waiting list will be kept for any program where the enrollment exceeds the maximum number of participants allowed.
- A participant who registers for a program and does not participate on the first day will be dropped from the program and the next person on the waiting list will be added.
- Participants will be replaced after the first absence unless prior arrangements have been made with the instructor.

The Fall 2020 Programs Guide is available online at www.clevelandohio.gov/NRRCCactivities.

If you experience a problem connecting to the site or have questions regarding program offerings, please call Sherry Ulery at 216-664-2241 or email NRRCC_registration@clevelandohio.gov.

Registration for In-Person 10-Week Fall Programs:

Guests may register for the in-person 10-week program sessions described in the guide in one of three ways:

1. Registrants can complete the registration form online and submit electronically. The online registration form can be located at www.clevelandohio.gov/NRRCCreg.
2. Registrants may go to their local NRRC to pick up a paper copy of the registration form and submit it to one of the NRRC staff.
3. Registrants may call the center between the hours of 2:00 p.m. – 5:00 p.m. and register by phone.

Registrants will receive a letter via email within 48 hours confirming their seat in the program, as well as the date, time and location of the class. Registrants who do not have an email address will receive a phone call to confirm their registration.

- A waiting list will be kept for any program where the enrollment exceeds the maximum number of participants allowed.
- A participant who registers for a program and does not show up on the first day will be dropped from the program and the next person on the waiting list will be added.
- Participants will be replaced after the first absence unless prior arrangements have been made with the instructor.

If you have any questions pertaining to the in-person 10-week fall programs or the registration process, please call Sherry Ulery at 216-664-2241 or email NRRCC_registration@clevelandohio.gov.

Sign-Up Process for Daily NRRC Programs and Activities (i.e. Arts and Crafts, Weight Training, Fitness, Baseball/Basketballs Skills, Computer Lab, etc.):

To reserve a time to participate in one or more of your local NRRCs daily program offerings or to gain access to an activity room, City of Cleveland residents may stop by their local NRRC to sign up in person or call their area NRRC to sign up by phone.

Please note the following:

- Due to COVID-19, the maximum number of guests allowed in an activity room or an area in which a program is taking place, will be limited in order to adhere to social distancing and mass gathering guidelines prescribed by the CDC and the Ohio Department of Health. In order to ensure each NRRC is able to accommodate as many guests as possible each day, a time limit for each program/activity has been determined, and must be adhered to.
- Guests may sign up for a maximum of (3) programs and/or activity rooms each week (5 days–Monday through Friday).
- In order to ensure all guests have fair access to daily NRRC programs and activity rooms, guests will not be allowed to sign up for programs/activities beyond a 5-day period.
- The sign-up period each week will begin the Thursday prior to the start of the week. Example: If the beginning of the 5-day week begins on Monday, September 7th, then the sign-up period for the week of September 7th begins on Thursday, September 3rd. The sign-up period will remain open until all time slots are filled.





CITY OF CLEVELAND
Mayor Frank G. Jackson

Neighborhood Resource & Recreation Center Registration Form

Type of participant: Child Adult

Participant Full Name: _____ Male Female Age: _____

Grade Level: _____ DOB: _____ Race: (Optional) _____

School Name (if applicable) _____

Type of participant: Child Adult

Participant Full Name: _____ Male Female Age: _____

Grade Level: _____ DOB: _____ Race: (Optional) _____

School Name (if applicable) _____

Type of participant: Child Adult

Participant Full Name: _____ Male Female Age: _____

Grade Level: _____ DOB: _____ Race: (Optional) _____

School Name (if applicable) _____

Do you currently have a rec center number? Yes No Unsure

If yes, indicate your home Rec Center:

Adult Registrant or Parent/Guardian Contact Information

Name: _____ Phone: _____

Address: _____ ZIP: _____ Email: _____

Sign me up for the Mayor's Office newsletter: Yes No

Authorization: WAIVER OF LIABILITY (If under 18, parent/guardian must complete)

I consent to the above person's participation in the activities and agree on behalf of myself, or minor child, that I assume the risk of accident, injuries or property damage sustained from any cause in connection with my (or my child's) participation in the activities. I voluntarily release and hold harmless the City (including its officers, agents, employees and volunteers) from any liability for an accident, injury or property damage (except to the extent cause by the City's active negligence or willful misconduct). I understand that I am responsible for the registration policies and procedures outlined in the brochure.

Parent/Guardian's Printed Full Name

Add Signature (if printed)

Date



CITY OF CLEVELAND
Mayor Frank G. Jackson

www.clevelandohio.gov
www.clevelandohio.gov/NRRCactivities